

Hearts

拍數: 48 牆數: 4
編舞者: Katrin Gäbler (DE) - April 2014
音樂: Heart - Reba McEntire

級數: Easy Intermediate - waltz



Intro : 12 Counts

[1-6] Twinkle Left, Twinkle Right

1-3 Diagonal step fwd on LF, step fwd on RF, LF stepping $\frac{1}{4}$ left fwd (10.30)
4-6 Step fwd on right, step fwd on left, step right $\frac{1}{4}$ right fwd (1.30)

[7-12] Twinkle $\frac{1}{4}$ Left, Cross Rock, Recover, Side

1-3 Step left fwd, step right $\frac{1}{4}$ left back, step left to left (9.00)
4-6 Cross right over left, weight back on left, step right to right (9.00)

****Restart here in wall 3****

[13-18] Cross Rock, Recover, $\frac{1}{4}$ Left, Full Turn Left, Step

1-3 Cross left over right, weight back on right, step left $\frac{1}{4}$ left fwd (6.00)
4-6 $\frac{1}{2}$ left stepping right back, $\frac{1}{2}$ turn left stepping left fwd, step right fwd

[19-24] Rock, Hold 2 Counts, Recover, Back Rock, Recover

1-3 Rock left fwd, rise body up over 2 counts hold
4-6 Recover on right, rock back on left, recover weight on right

[25-30] Box Step Left, Box Step Right

1-3 Step fwd on left, step right to right, step back on left
4-6 Step back on right, step left to left, step fwd on right

[31-36] Step, Point, Hold, Monterey $\frac{3}{4}$ Right, side Rock, Recover

1-3 Step left fwd, point right to right, hold
4-6 $\frac{3}{4}$ turn right on left & close right next to left, rock left to left, recover on right (3.00)

[37-42] Twinkle $\frac{1}{2}$ Turn Left, Twinkle $\frac{1}{2}$ Turn Right

1-3 Cross left over right, step right $\frac{1}{4}$ left back, step left $\frac{1}{4}$ left to left
4-6 Cross right over left, step left $\frac{1}{4}$ right back, step right $\frac{1}{4}$ right to right

[43-48] Diagonal Step Fwd, Hitch, Kick, Basic Waltz Back

1-3 Step left diagonal right fwd, hitch right knee, kick right fwd
4-6 Step right diagonal back, step left next to right, step right fwd (4.30)

Restart in wall 3 after count 12 (3.00)

Contact: www.wildcats-germany.jouwweb.nl - katring66@hotmail.com