

# Alabao Por Dos (P)

COPPER KNOB  
BY STEPSHEETS

拍數: 32      牆數: 0      級數: Low Intermediate Partner / Circle  
編舞者: Don Carleton (USA) & Dottie Censabella (USA) - April 2014  
音樂: Alabao - Enrique Iglesias



Alt. music: Cabana Boy by Sara Evans

Starting position: Two hand hold facing each other (palm to palm, shoulder height)

Man facing OLOD, Lady facing ILOD, opposite footwork throughout

Start dancing on lyrics

Man's steps listed

## MAMBO FORWARD, MAMBO BACK, SIDE MAMBO, MAMBO ¼ TURN

- 1&2      Rock left forward, recover back on right, step left together
- 3&4      Rock right back, recover on left, step left together
- 5&6      Rock to left side side, recover to right, step left together
- 7&8      Rock to right side, turn ¼ turn left and recover to left, step right forward (LOD)

## STEP, LOCK, STEP, STEP, LOCK, STEP, ROCK, RECOVER ½ TURN, STEP, STEP, ¼ TURN, CROSS

- 1&2      Locking chassé forward left-right-left
- 3&4      Locking chassé forward right-left-right
- 5&6      Rock forward on left, recover turning ½ turn to left, step forward on left,(away from each other) (RLOD)
- 7&8      Step right forward, turn ¼ turn left (weight to left), cross right in front of left (OLOD)

## MAMBO CROSS, MAMBO CROSS, MAMBO CROSS & CROSS & CROSS

- 1&2      Step left side, rock right side, cross left over
- 3&4      Step right side, rock left side, cross right over
- 5&6      Step left side, rock right side, cross left over
- &7      Step right side, cross left over
- &8      Step right side, cross left over

## MAMBO CROSS, MAMBO CROSS, MAMBO CROSS & CROSS, & CROSS

- 1&2      Step right side, rock left side, cross right over
- 3&4      Step left side, rock right side, cross left over
- 5&6      Step right side, rock left side, cross right over
- &7      Step left side, cross right over
- &8      Step left side, cross right over

Smile and Begin Again

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