

Road Hog

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
編舞者: Heather Freeman (UK) - April 2014
音樂: On the Road - Keane : (Album: Strangeland - iTunes)



Restarts: 3 Restarts, on walls 2, 4 and 5
Intro: 32 counts. - anti-clockwise

Choreographer's note: This dance has been written as an aid for teachers to help their dancers master "&" counts as it is quite a slow beat.

Section One: Cross & Heel & Cross & Heel & Rocking Chair, Walk, Walk

1 & 2 & Cross R over L, Step L to L side, Touch R Heel forward, Step on R
3 & 4 & Cross L over R, Step R to R side, Touch L Heel forward, Step on L
5 & 6 & Rock forward on R, Recover on L, Rock back on R, Recover on L
7, 8 Step forward on R, Step forward on L (2nd restart here)

Section Two: Rocking Chair, Pivot ½ Turn, Cross & Heel, Cross Out Out

1 & 2 & Rock forward on R, Recover on L, Rock back on R, Recover on L
3, 4 Step forward on R, Make a ½ turn L (1st restart here)
5 & 6 & Cross R over L, Step L to L side, Touch R Heel forward, Step on R
7 & 8 Cross L over R, Step R to R Side, Step L to L Side

Section Three: Toe Heel Cross & Side Cross, Toe Heel Cross & Side Cross

1 & 2 & Touch R toe beside L, Touch R heel beside L, Cross R over L, Step back on L
3, 4 Step R to R side, Cross L over R
5 & 6 & Touch R toe beside L, Touch R heel beside L, Cross R over L, Step back on L
7, 8 Step R to R side, Cross L over R

Section Four: Side Rock, Back Rock, Side Rock, Touch, Coaster Step, Pivot ¼ Turn, Step

1 & 2 & Rock R to R side, Recover on L, Rock R behind L, Recover on L
3 & 4 Rock R to R side, Recover on L, Touch R next to L (3rd restart here)
5 & 6 Step back on R, close L beside R, Step forward on R
7 & 8 Step forward on L, Make a ¼ turn R, Step on L

Restarts:-

Restart 1 – In Section Two restart after count 4 (3 o'clock)

Restart 2 – In Section One restart at the end of the section after stepping on the left (12 o'clock)

Restart 3 – In Section Four restart after count 4 (6 o'clock)

Each Restart can be heard in the music

Have fun and enjoy!

Contact: heatherf@nulinedance.com