

Rock N Roll Angel

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Intermediate - NC style
編舞者: Kate Sala (UK) - April 2014
音樂: Rock n Roll Angel - Jessta James



16 Count intro.

Basic NC Step Right, Basic NC Step Left, Step Forward, Step Pivot 1/2 Turn, 1/2 Turn, Back, Together.

1 2& 3 4& Long step R. Cross rock back on L. Recover. Long step L. Cross rock back on R. Recover.
5 6 & 7 Step R forward. Step L forward. Pivot 1/2 Turn Right. Turn 1/2 Right stepping back on L.
8 & Step back on R. Step L next to R. (*Restart from here on wall 5)

Step Forward, Jazzbox 1/4 Turn, Cross Rock, 1/4 Turn, Step Spiral 3/4 Turn, Basic NC Step Right.

1 2 & 3 Step forward on R. Cross step L over R. Turn 1/4 Left stepping back on R. Step L to Left side.
4 & 5 Cross rock on R over L. Recover on to L. Turn 1/4 Right stepping forward on R. 12 o'clock
6 Step forward on L and spiral turn 3/4 Right. 9 o'clock
7 8 & Long step Right on R. Cross rock on L behind R. Recover on to R.

Basic NC Step Left, Turn 1/4 Right With Sweep, Step Sweep, Cross, Unwind 3/4, Rock 1/4 Turn.

1 2 & Long step Left on L. Cross rock on R behind L. Recover on to L
3 Turn 1/4 Right stepping forward on R sweeping L out to Left side.
4 Step forward on L sweeping R out to Right side.
5 6 Cross step R over L. Unwind 3/4 turn Left. (weight on L) 3 o'clock
7 & 8 Rock forward on R. Recover on to L. Turn 1/4 Right stepping forward on R.

Rock 1/2 Turn, Step Pivot 1/2 Turn Step, Triple Full Turn, Circle Full Turn On R, L, R, L.

1 & 2 Rock forward on L. Recover on to R. Turn 1/2 Left stepping forward on L.
3 & 4 Step forward on R. Pivot 1/2 turn Left. Step forward on R.
5 & 6 Turn 1/2 Right stepping back on L. Turn 1/2 Right stepping forward on R. Step forward on L.
7 8 & 1 Cross step R over L starting to turn Left. Complete a full circle turning Left on L, R, L. 6 o'clock.

Sway R, L, Triple Full Turn Right, Sway L, R, Triple Full Turn Left.

2 3 Step R to Right side swaying hips R. Sway hips Left.
4 & 5 Turn 1/4 Right stepping forward on R. Turn 1/2 Right stepping back on L. Turn 1/4 Right stepping R
6 7 Step L to Left side swaying hips Left. Sway hips Right.
8 & 1 Turn 1/4 Left stepping forward on L. Turn 1/2 Left stepping back on Right. Turn 1/4 Left stepping L

Back Sweep, Back Sweep, Coaster Step, Step Spiral Full Turn, Prissy Walk x 2.

2 3 Step back on R sweeping L out to Left side. Step back on L sweeping R out to Right side.
4 & 5 Step back on R. Step L next to R. Step forward on R.
6 Step forward on L with full spiral turn Right.
7 8 Walk forward on R stepping slightly across L. Walk forward on L stepping slightly across R.

Start Again

Restart: On wall 5 facing 12 o'clock dance the first 8 counts only and start again from the beginning.