

Coconuts

COPPER KNOB
STEPPERS

拍數: 32

牆數: 4

級數: High Beginner / Low Intermediate -
Social Cha Cha



編舞者: Michael Diven (USA) - April 2014

音樂: Coconuts by Matt Gary

Intro: □ 16 count intro - Start dancing on the lyrics when he sings "They call me".

Rock, Recover, Coaster Step, Rock, Recover, ½ Turn Shuffle

- 1-2 Rock forward on right foot, recover weight back to left foot
3&4 Step right foot back, step left next to right, step right foot forward
5-6 Rock forward on left foot, recover weight back to right foot
7&8 Turn ¼ turn left stepping left foot to left side, step right foot next to left, turn ¼ turn left stepping left foot forward

Cross Step, Point, Crossing Shuffle, ¼ Turn, Left Shuffle

- 1-2 Cross step right over left, touch left toe to left side
3&4 Cross step left over right, step right to right, cross step left over right
5-6 Step right foot to right side, turn ¼ turn left hitching left foot across right shin
7&8 Step forward on left foot, step right foot next to left, step forward on left foot

Step, ½ Turn, Right Shuffle, ¼ Turn, Touch, Step, Cross, Step

- 1-2 Step forward on right foot, turn ½ turn left (weight on left foot)

Restart here on wall 6, you will be facing the front wall.

- 3&4 Step forward on right foot, step left foot next to right, step forward on right foot
5-6 Turn ¼ turn right stepping forward on left foot, touch right toe to right side
7&8 Step right foot next to left, cross step left foot over right, step right foot to right side

Back Rock, Recover, ¼ Turn Shuffle, Rock, Recover, Walk x2 (Full Turn)

- 1-2 Rock back on left foot, recover weight back to right foot
3&4 Step left foot to left side turning ¼ turn right, step right foot next to left, step back on left foot
5-6 Rock back on right foot, recover to left foot
7-8 Walk forward right, walk forward left

Intermediate steps: (Full Turn)

- 7-8 Turn ½ turn left stepping back on right foot, turn ½ turn left stepping forward on left foot

REPEAT

Contact: cwdance@localnet.com