

Take It Off

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Nathan Gardiner (SCO) - April 2014
音樂: Take It Off - Kesha



Intro: 32 Count Intro Start On Vocals

ROCK RECOVER, FULL TURN BACKWARDS, COASTER STEP, WALK, WALK

1-2 Rock forward on right, Recover on left
3-4 Turn 1/2 right stepping forward on right, Turn 1/2 right stepping back on left
5&6 Step back on right, Step left next to right, Step forward on right
7-8 Step forward on left, Step forward on right

LEFT LOCK, LEFT LOCK STEP, ROCK RECOVER, 1/4 RIGHT, CROSS

1-2 Step forward on left, Lock right foot behind left
3&4 Step forward on left, Lock right behind left, Step forward on left
5-6 Rock forward on right, Recover on left
7-8 Turn 1/4 right stepping right to right side, Cross step left over right

STEP RIGHT, HOLD, BALL STEP, TOUCH, 1/4 TURN, 1/2 TURN, CHASSE 1/4 TURN

1-2&3-4 Step right to right side, Hold, Step ball of left foot next to right, Step right to right side, Touch left next to right
5-6 Turn 1/4 left stepping forward on left, Turn 1/2 left stepping back on right
7&8 Turn 1/4 left stepping left to left side, Step right next to left, Step left to left side

JAZZ BOX 1/4 CROSS, CHASSE RIGHT, ROCK RECOVER

1-2 Cross step right over left, Step back on left
3-4 Turn 1/4 right stepping right to right side, Cross step left over right
5&6 Step right to right side, Step left next to right, Step right to right side
7-8 Rock back on left, Recover on right

KICK BALL CROSS, KICK BALL CROSS, ROCK RECOVER, SAILOR 1/4 TURN

1&2 Kick left foot to left diagonal, Step ball of left foot next to right, Cross step right over left
3&4 Kick left foot to left diagonal, Step ball of left foot next to right, Cross step right over left
5-6 Rock out to left side, Recover on right
7&8 Turn 1/4 left stepping back on left, Step right to right side, Step left to left side

ROCK RECOVER, 1/2 TURN RIGHT, STEP FORWARD, DOROTHY STEP, DOROTHY STEP

1-2 Rock forward on right, Recover on left
3-4 Turn 1/2 stepping forward on right, Step forward on left
5-6& Step forward to right diagonal, Lock left behind right, Step right next to left
7-8& Step forward to left diagonal, Lock right behind left, Step left next to right

JAZZ BOX 1/4 TURN CROSS, CHASSE RIGHT, ROCK RECOVER

1-2 Cross step right over left, Step back on left
3-4 Turn 1/4 stepping right to right side, Cross step left over right
5&6 Step right to right side, Step left next to right, Step right to right side
7-8 Rock back on left, Recover on right

1/2 PIVOT, SHUFFLE FORWARD, 1/4 TURN PIVOT LEFT, WALK, WALK

1-2 Step forward on left, 1/2 turn pivot right
3&4 Step forward on left, Step right next to left, Step forward on left
5-6 Step forward on right, 1/4 turn pivot left

7-8 Walk forward on right, Walk forward on left

Start Again.....Happy Dancing

Restart: On Wall 3 Dance Upto Count 16 Then Restart The Dance

Contact: nathan.gardiner1998@hotmail.co.uk
