

Little Mona Lisa

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Paul Turney (UK) - March 2014
音樂: The Mona Lisa - Brad Paisley : (Album: Wheelhouse)



START: As the music starts there will be a very obvious 8 count intro from where the guitar kicks in. CCW rotation

SECTION 1 : WALK RIGHT, LEFT, ROCKING CHAIR, STEP OUT RIGHT LEFT

- 1 - 2 Walk forward on right foot. Walk forward on left foot.
- 3 - 4 Rock forward onto right foot. Recover weight back onto left foot.
- 5 - 6 Rock back onto right foot.. Recover weight forward onto left foot.
- 7 - 8 Step right foot slightly to the right. Step left foot slightly to the left. (shoulder width apart)

SECTION 2 : BOUNCE RIGHT HEEL TWICE, BOUNCE LEFT HEEL TWICE, JAZZ BOX CROSS

- 1 - 2 Bounce right heel in place twice.
- 3 - 4 Bounce left heel in place twice. (weight ends up on left foot)
- 5 - 6 Cross step right over left. Step back on left foot.
- 7 - 8 Step right foot to the right side. Cross left foot slightly over right.

SECTION 3 : MONTEREY ¼ TURN RIGHT, RIGHT GRAPEVINE

- 1 - 2 Touch right toes out to right side. ¼ turn right while stepping right foot in place. [3:00]
- 3 - 4 Touch left toes out to the left side. Step left foot in place.
- 5 - 6 Step right foot to the right. Cross left foot behind right.
- 7 - 8 Step right foot to the right. Touch left toes in place beside right foot.

SECTION 4 : LEFT GRAPEVINE, 2 X STEP ¼ TURNS

- 1 - 2 Step left foot to the left. Cross right foot behind left.
- 3 - 4 Step left foot to the left. Touch right toes in place beside left foot.
- 5 - 6 Step forward on right foot. Pivot ¼ turn left. [12:00]
- 7 - 8 Step forward on right foot. Pivot ¼ turn left. [9:00]

Start again remembering to smile !!

Contact: paul@danceinline.co.uk