

Open Hearts

拍數: 64 牆數: 4 級數: Intermediate
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音樂: Corazón Abierto - Victor Muñoz



(32 Count intro)

[1-8] □ Side, Cross, 1/4 Turn Shuffle, 1/2 Turn Shuffle, Rock Forward

1-2 Step right to right side. Cross left over right.
3&4 Turn 1/4 left and step back on right. Step left beside right. Step back on right.
5&6 Turn 1/4 left and step left to left side. Step right beside left. Turn 1/4 left and step forward on left.
7-8 Rock forward on right. Recover onto left.

[9-16] □ 1/2 Turn, 1/2 Turn, Step Lock Step Back, Toe Touch Back, Unwind 3/4 Turn, Side Rock

1-2 Turn 1/2 right and step forward on right. Turn 1/2 right and step back on left. (Alt. Walk back)
3&4 Step back on right. Lock left over right. Step back on right.
5-6 Touch left toe back. Unwind 3/4 turn left and step down on left.
7-8 Rock right to right side. Recover onto left.

[17-24] □ Behind, Side, Cross, 1/4 Turn Monterey, Kick & Touch, Kick & Point

1&2 Cross right behind left. Step left to left side. Cross right over left.
3-4 Point left to left side. On ball of right turn 1/4 left and step left beside right.
5&6 Kick right forward. Step down on right. Touch left toe beside right.
7&8 Kick left forward. Step down on left. Point right toe to right side.

[25-32] □ Jazz Box 1/4 Turn, Jazz Box Cross 1/4 Turn

1-4 Cross right over left. Step back on left. Turn 1/4 right and step right to right side. Step forward on left.
5-8 Cross right over left. Step back on left. Turn 1/4 right and step right to right side. Cross left over right.

Restart: At this point on Wall 3 (You will be facing 3 o'clock when you restart the dance)

[33-40] □ Chasse, Back Rock, Side Rock, Sailor Step.

1&2 Step right to right side. Step beside right.. Step right to right side.
3-6 Cross rock back on left. Recover onto right. Rock left to left side. Recover onto right.
7&8 Cross left behind right. Step right to right side. Step left to left side.

[41-48] □ Cross, Side, Sailor 1/2 Turn, Side, Hold, Ball Step, Touch.

1-2 Cross right over left. Step left to left side.
3&4 Cross step right behind left. Turn 1/4 right stepping left in place. Turn 1/4 right cross stepping right over left.
5-6 Step left to left side. Hold.
&7-8 Step ball of right beside left. Step left to left side. Touch right beside left

[49-56] □ Side, Hold, Ball Step 1/4 Turn, Touch, Coaster Step, Heel Ball Step

1-2 Step right to right side. Hold.
&3-4 Step ball of left beside right. Turn 1/4 right and step forward on right. Touch left beside right.
5&6 Step back on left. Step right beside left. Step forward on left.
7&8 Touch right heel forward. Step right beside left. Step forward on left.

[57-64] □ Step, Pivot 1/4 Turn, Cross Shuffle, Sways x 3, Hitch

- 1-2 Step forward on right. Pivot 1/4 turn left.
3&4 Cross right over left. Step left to left side. Cross right over left.
5-6 Step left to left side swaying left. Sway right.
7-8 Sway left. Hitch right (angle body to right diagonal for styling)

One Restart: □ After 32 counts on Wall 3 (You will be facing 3 o'clock when you restart the dance)

Ending: □ □ After count 64 (hitch) turn 1/4 left and take a long step back on right, raise arms and pose!

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