

Let Me Breathe

COPPERKNOB
BY STEPHEN BATES

拍數: 32 牆數: 4 級數: Improver
編舞者: Laura Hilbert (UK) - March 2014
音樂: Run Away - Sunstroke Project & Olia Tira : (Eurovision 2010)



Count in: 32 (16secs) - Notes : x2 easy tags :-)

[1-8] Right stomp, kick right , sailor 1/4 right, left rock forward, recover , left coaster step.

12 3&4 Stomp right beside left (1) kick right slightly to right side (2) cross right behind left (3) step slightly to left side making 1/4 turn right (&) step right in place (4)
56 7&8 rock forward on the left (5), recover weight on the right (6) step back back on the left (7) close right to left (&) step forward on the left (8)

[9-16] Step right, pivot 1/4 left, right cross shuffle, rock left, recover, behind side in front.

12 3&4 step forward on the right (1) pivot 1/4 turn to the left (2) step right across left (3) step left to left side (&) step right across left (4)
56 7&8 rock left to left side (5) recover weight back onto right (6) step left behind right (7) step right to right side (&) step left in front on right (8)

[17-24] step right 1/4 , flick left pivot 1/4, left cross samba, right jazz box.

12 3&4 Step right 1/4 to the right (1) flicking the left leg behind making another 1/4 right (6.00) (2) Cross left over right (3) step right to right side (&) step left in place (4)
5678 cross right over left (5) step back on the left (6) step back on the right (7) step forward on the left (8)

[25-32] step right, touch, left kick and cross, step back 1/4 right, step forward 1/2 right, left shuffle forward.

12 3&4 step right to right side (1) touch left to right (2) kick left forward (3) step left beside right (&) cross right over left (4)
56 7&8 step back on the left making 1/4 right (5) step forward on the right making 1/2 right (6) step forward on the left (7) close left to right (&) step forward on the left (8)

Both Tags come in at the end of the wall (32 counts)

Tag for wall 1-

1234 step forward on the right (1) pivot half left (2) repeat
5678 Right jazz box.

Tag for wall 7-

1234 right jazz box.

Contact: laura.bates97@yahoo.co.uk