

Manuk Dadali

拍數: 32 牆數: 4 級數: Beginner
編舞者: Atit Sri (INA) - June 2011
音樂: Manuk Dadali (Pop Sunda)



ROCKING CHAIR, SYNCOPATE RIGHT

1 – 2 Rock R forward, Recover on L
3 – 4 Rock R back, Recover on L
5&6&7&8 Step R ball to side, Step L beside R (syncopate right)

ROCKING CHAIR, SYNCOPATE LEFT

1 – 2 Rock L forward, Recover on R
3 – 4 Rock L back, Recover on R
5&6&7&8 Step L ball to side, Step R beside L (syncopate left)

PADDLE ½ TURN LEFT, CROSS ROCK, CHASSE

1 – 2 Step R forward, ¼ turn left weight on left
3 – 4 Step R forward, ¼ turn left weight on left
5 – 6 Cross R over left, Recover on L
3 & 4 Step R to right side, Close L beside R, Step R to right side

CROSS ROCK, LEFT CHASSE ¼ TURN LEFT, HIP BUMPS

1 – 2 Cross L over R, Recover on R
3 & 4 Step L to left side, Close R beside L, ¼ turn left step L forward
5 & 6 Step R forward while bumping hips R-L-R
7 & 8 Step L forward while bumping hips L-R-L

TAG I : The end of walls 1, 7

1 – 4 Hip Sways

TAG II : The end of wall 4

FORWARD, RECOVER, TRIPLE STEP

1 – 2 Rock right forward, Recover on L
3 & 4 Triple step in place R-L-R
5 – 6 Rock L forward, Recover on R
7 & 8 Triple step in place L-R-L

SIDE, RECOVER, TRIPLE STEP

1 – 2 Rock R to right side, Recover on L
3 & 4 Triple step in place R-L-R
5 – 6 Rock L to left side, Recover on R
7 & 8 Triple step in place L-R-L

FORWARD, ¼ TURN, ½ TURN, TOUCH

1 – 2 Rock R forward, Recover on L
3 – 4 ¼ turn right step R to right side, Touch L toe beside R
5 – 6 ¼ turn left step L forward, Step R forward
7 – 8 ¼ turn left step L to left side, Touch R toe beside L

Restart : During wall 6 after count 20

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