

# Mbiring Manggis

**COPPER** **KNOB**  
BY STEPSHEETS

拍數: 40      牆數: 2      級數: Beginner  
編舞者: Linda Yana & Feira Simatupang - June 2011  
音樂: Mbiring Manggis by Vocal Group Natio



## HEEL, TOE, SIDE SHUFFLE

1 – 2      R heel forward, Touch R toe beside L  
3 & 4      Side shuffle R-L-R  
5 – 6      L heel forward, Touch L toe beside R  
7 & 8      Side shuffle L-R-L

## PIVOT ½ LEFT, TURN ¼ LEFT, CLOSE, HIP BUMPS

1 – 2      Step R forward, ½ turn left weight on L  
3 – 4      ¼ turn left Step R to right side, Close L beside R  
5 – 6      Step R forward and hip bumps, Step R close to L  
7 – 8      Step L forward and hip bumps, Step L close to R

## CROSS, RECOVER, SIDE SHUFFLE

1 – 2      Cross R over L, Recover on L  
3 & 4      Side shuffle R-L-R  
5 – 6      Cross L over R, Recover on R  
7 & 8      Side Shuffle L-R-L

## FORWARD WALK, BACKWARD WALK

1-2-3-4      Walk forward on R-L-R, Close L beside R  
5-6-7-8      Walk backward on R-L-R, Close L beside R

## SWIVEL BOTH HEELS OUTWARDS AND INWARDS, JAZZ BOX ¼ TURN

1 – 2      Swivel both heels outwards and inwards  
3 – 4      Repeat  
5 – 6      Cross R over L, ¼ turn right Step back on L  
7 – 8      Step R to right side, Close L beside R

## REPEAT

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