Ai No Corrida



拍數: 32 編數: Intermediate - Disco

編舞者: Christina Yang (KOR) - March 2014

音樂: Ai No Corrida - Quincy Jones



Sequence: A-A-Tag1-A-Tag2-A(14) A-A-Tag1-A-Tag2-A-A(14) A-Tag2-A(14)

Start the dance after 16 counts

SECTION1: 7 TIMES OF switch, SIDE TOUCH

1&2& RF side touch, replace, LF side touch, replace 3&4& RF side touch, replace, LF side touch, replace 5&6& RF side touch, replace, LF side touch, replace

7&8 RF side touch, replace, LF side touch

Arm action: On the count 1, 2, 5, 6, when your RF touch to R side, stretch your arm to L side, when your LF touch to L side, stretch your arm to R side

On the count 3, 4, 7, 8, when your RF touch to R side, raise up your R arm. When your LF touch to L side, raise up your L arm

SECTION2: FORWARD TOUCH, SIDE TOUCH, 1/4 TURN TO L, BACKWARD, SIDE TOUCH, HEEL TOUCH, BACKWARD TOUCH, SIDE TOUCH, 1/4 TURN TO L, HITCH

1-4 LF forward touch, LF side touch to L, 1/4 turn to L with LF backward walk, RF side touch

5-8 RF heel touch, RF backward toe touch, RF side touch, 1/4 turn to L with RF hitch

SECTION 3: 3 TIMES OF BACKWARD WALK, TOUCH, CLAP, SIDE STEP, CROSS BEHIND, SIDE STEP, TOUCH

1-4 RF backward walk, LF backward walk, RF backward walk, LF toe touch beside RF and

clapped

5-8 LF side step, RF cross touch behind LF, RF side step, LF touch beside RF

Arm action: On the count 5, raise up your both arms. On the count 6, lower both arms is shaped like an X, On the count 7, spread out both arms, On the count 8, bend both arms to inside

SECTION4: SIDE STEP, 1/4 TURN TO R, HITCH, REPLACE, 1/4 TURN TO R, SIDE STEP, 1/2 TURN TO R, SIDE STEP, CROSS BEHIND, SIDE STEP. TOUCH

1-4 LF side step. 1/4 turn to R with RF hitch, RF replace, 1/4 turn to R with LF side step

5-8 1/2 turn to R with RF side step, LF cross touch behind RF, LF side step, RF touch beside LF

TAG 1

1-4 RF side step, 1/4 turn to L with LF hitch, LF replace, 1/4 turn to L with RF touch beside LF

TAG 2

1-4 RF side step, 1/4 turn to L with LF hitch, LF replace, 1/4 turn to L with RF side step

5-8 1/2 turn to L with LF side step, RF touch, 1/4 turn to R with RF forward, 1/4 turn to R with LF

side step

9-10 1/2 turn to R with RF side step. together(weight on LF)

RESTART: A(14) You should dance until 14 counts and start again.

ENDING POSE: After 14 counts, 1/4 turn to L with RF side touch and raise up your R arm with hold.

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