On The Move



編舞者: Andy Williams (USA) - February 2014

音樂: Timber (feat. Kesha) - Pitbull: (class favorite)

或: Any Cha Cha



(No Tags Or Restarts)

WALK, WALK, TRIPLE STEP, ROCK, RECOVER, TRIPLE 1/4 TURN

1-2 Walk right, left.

3&4 Step right forward, step left next to right, step right forward.

5-6 Rock left forward, recover to right.

7&8 Step left to side, turning 1/4 left, step right next to left, step left to side.

CROSS, SIDE, BEHIND, SIDE, ROCK, RECOVER, TRIPLE STEP ON SPOT

1-2 Step right across left, step left to side.
3-4 Step right behind left, step left to side.
5-6 Rock right across left, recover to left.

7&8 Triple step right, left right on spot. (angle slightly to 1 o'clock)

CROSS, SIDE, BEHIND, SIDE, ROCK, RECOVER, TRIPLE 1/2 TURN

Step left across right, step right to side.
Step left behind right, step right to side.
Rock left across right, recover to right.

7&8 Turning 1/4 left, step left to side, step right, next to left, turning 1/4 left step left forward.

STEP, POINT, STEP, POINT, WALK AROUND 3/4 LEFT

1-2 Step right across left, point left to side.3-4 Step left across right, point right to side.

5-8 Walk right, left, right, left, turning 3/4 left to face back wall.

NOTE: This I wrote for my class Hope you enjoy every dance.

This can be done to any song just depends how fast you want to go!!

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