

December 63

拍數: 32 牆數: 4 級數: Beginner
編舞者: Jan Brookfield (UK) - March 2014
音樂: December, 1963 (Oh, What a Night) - Frankie Valli & The Four Seasons



INTRO [when using December 1963 only] : after 8 beats, standing feet apart, bump hips in time to the music as follows :

L,R, LRL; R,L, RLR; L,R, LRL; R,L, RLR. Count : [1,2,3&4; 5,6,7&8] x 2

Or alternatively : It Started With A Kiss by Hot Chocolate.

For Hot Chocolate song, start when music kicks in after 4 seconds.

Section 1 : SWAY LEFT-RIGHT, CHASSE LEFT, ROCK BACK, RECOVER, KICK BALL CHANGE

1,2 Step L to side, sway hips to left, recover weight onto R
3&4 Chasse to left on L,R,L
5,6 Rock back on R, recover onto L
7&8 Right kick-ball-change R,R,L

Section 2 : SIDE ROCK, RECOVER, CROSS SHUFFLE, SIDE ROCK, RECOVER WITH ¼ TURN, SHUFFLE FORWARD

9,10 Rock R to right side, recover onto L
11&12 Shuffle R,L,R across in front of L
13,14 Rock L to left side, recover onto R making a quarter turn right
15&16 Shuffle forward on L,R,L

Section 3 : ROCK, RECOVER, COASTER STEP, STEP HALF TURN, SHUFFLE FORWARD

17,18 Rock R forward [optional palms down for styling] recover onto L
19&20 Step back on R, step on L next to R, step R forward
21,22 Step L forward, pivot half turn right, transfer weight onto R
23&24 Shuffle forward on L,R,L

Section 4 : ROCK , RECOVER, COASTER STEP, 2 x HALF PIVOT TURNS *

25,26 Rock R forward [optional palms down for styling], recover onto L
27&28 Step back on R, step on L next to R, step R forward
29,30 Step L forward, pivot half turn right, transfer weight onto R
31,32 Step L forward, pivot half turn right, transfer weight onto R

*The two half turns in steps 29-32 can be replaced by a "rocking chair" for dancers who dislike turns.

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