

You Chou

拍數: 64 牆數: 4 級數: Improver
編舞者: Janice Chin (MY) - December 2013
音樂: You Chou (憂愁) (feat.Will Ng (黃威爾)) - dayDream (樂團)



Dance starts at lyrics...

Section 1 : R Step, Hold, L Step, Hold, Point R Forward, Back, Forward, Step

12 Step RF forward to left diagonally, Hold (10:30)
34 Step LF forward to left diagonally, Hold
56 Touch RF forward, Touch RF back (10:30)
78 Touch RF forward, Step RF beside LF facing 12:00 again.

Section 2: L Step, Hold, R Step Hold, Point L Forward, Back, Forward, Step

12 Step LF forward to right diagonally, Hold (1:30)
34 Step RF forward to left diagonally, Hold
56 Touch LF forward, Touch LF back (1:30)
78 Touch LF forward, Step LF beside RF facing 12:00 again.

Section 3 : R Step, L Brush, L Step, R Brush, 1/4 R Monterey Turn

12 Step RF forward, Brush LF (12:00)
34 Step LF forward, Brush RF
56 Touch RF to side, Turn 1/4 R on LF & Step RF beside LF (3:00)
78 Touch LF to side, Step LF beside RF

Section 4 : R Side Chasse, Rock Back, Recover, 1/4 R, 1/4R, L Step Forward, Hold

1&2 Step RF to side, Step LF together, Step RF to side (3:00)
34 Rock LF back, Recover on RF
56 Turn 1/4 R & Step LF back, Turn 1/4 R & Step RF to side (9:00)
78 Step LF forward, Hold

Section 5 : R Touch, Hold, L Touch, Hold, Toe Switches

12 Touch RF forward, Hold
&34 Step RF beside LF, Touch LF forward, Hold,
&5&6 Step LF beside RF, Touch RF forward, Step RF beside LF, Touch LF forward
&7&8 Repeat &5&6 (9:00)

Section 6 : L Side Chasse, Rock Back, Recover, 1/4 L, 1/4 L, R Step Forward, Hold

1&2 Step LF to side, Step RF together, Step LF to side (9:00)
34 Rock RF back, Recover on LF
56 Turn 1/4 L & Step RF back, Turn 1/4 L & Step LF to side (3:00)
78 Step RF forward, Hold

Section 7 : L Side Mambo, Hold, R Side Mambo, Hold

1234 Rock LF to side, Recover on RF, Step LF forward, Hold
5678 Rock RF to side, Recover on LF, Step RF forward, Hold (3:00)

Section 8 : L Rock Forward, Recover, Back Cha Cha, R Rock Back, Recover, Forward Mambo

12 Rock LF forward, Recover on RF
3&4 Step LF back, Step RF together, Step LF back
56 Rock RF back, Recover on LF
7&8 Rock RF forward, Recover on LF, Touch RF beside LF (3:00)

TAG 1 (4 counts) :

(1) After completing Wall 1 (3:00), and (2) After completing Wall 3 (9:00)

12 Turn body diagonally right, Hold (1:30)

34 Turn body diagonally left, Hold (10:30)

TAG 2 : (8 counts) R Forward Mambo, Hold, L Back Mambo, Hold

After completing Wall 4 (12:00)

1234 Rock RF forward, Recover on LF, Step RF together, Hold (12:00)

5678 Rock LF back, Recover on, RF, Step LF together, Hold.
