

Momma's Two Step

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
編舞者: Gaye Teather (UK) - 2012
音樂: God Bless You Mother - Dave Sheriff : (CD: Work Of Art)



Track available from iTunes or www.davesherriff.com (200/100bpm (written as 100 bpm).)

16 count intro - Dance rotates in CW direction

Side Right. Together. Shuffle forward. Side Left. Together. Shuffle forward

1 – 2 Step Right to Right side. Step Left beside Right
3&4 Step forward on Right. Step Left beside Right. Step forward on Right
5 – 6 Step Left to Left side. Step Right beside Left
7&8 Step forward on Left. Step Right beside Left. Step forward on Left

Step. Pivot quarter turn Left. Cross shuffle. Chasse Left. Sailor quarter turn Right

1 – 2 Step forward on Right. Pivot quarter turn Left (Facing 9 o'clock)
3&4 Cross Right over Left. Step Left to Left side. Cross Right over Left
5&6 Step Left to Left side. Step Right beside Left. Step Left to Left side
7&8 Quarter turn Right crossing Right behind Left. Step Left to Left side. Step Right forward
(Facing 12 o'clock)

Forward rock. Coaster step. Forward rock. Quarter turn Right. Chasse Right

1 – 2 Rock forward on Left. Recover onto Right
3&4 Step back on Left. Step Right beside Left. Step forward on Left
5 – 6 Rock forward on Right. Recover onto Left
7&8 Quarter turn Right stepping Right to Right side. Step Left beside Right. Step Right to Right
side (Facing 3 o'clock)

Left cross rock & Right cross rock & Left forward rock. Coaster cross

1 – 2& Cross rock Left over Right. Recover onto Right. Step Left beside Right
3 – 4& Cross rock Right over Left. Recover onto Left. Step Right beside Left
5 – 6 Rock forward on Left. Recover onto Right
7&8 Step back on Left. Step Right beside Left. Cross Left over Right

Start again

Ending: As the song ends you will be facing 9 o'clock.

**To change this to finish facing front simply substitute the final 2 counts
(Left coaster cross) with 'Behind. Quarter turn Right. Step'**