

Trail of Tears (Official Dance)

COPPER KNOB
BYEFOOTETS

拍數: 24 牆數: 1 級數: Improver
編舞者: M. Vasquez (UK) - March 2014
音樂: The Trail of Tears - Rob Allen : (roballengcountry.com)



Dance starts on the 3rd guitar note!

Section 1: Rhumba Box

1-2 Step R foot to R side, step L next to R
3-4 Step R foot forward, touch L next to R
5-6 Step L foot to L side, step R next to L
7-8 Step L foot back, touch R next to L

Section 2: Back Rock and Recover, Touch and Hold, Cross Rock and Recover, Touch and Hold, Side-Together, ¼ Turn Step and Hold, Step, ½ Pivot, Touch and Hold

1&2& Rock back on R, recover forward on L, touch R next to L, hold for 1 count on '&'
3&4& Cross R over L, recover back on L, touch R next to L, hold for 1 count on '&'
5&6& Step R foot to R side, step L next to R, ¼ turn R stepping onto R foot, hold for 1 count on '&'
7&8& Step forward on L foot, pivot ½ turn R (transfer weight to R foot), touch L toe next to R foot, hold for 1 count on '&'

Section 3: Side Step as you ¼ Pivot, Figure 8, Touch and Hold

1&2& Step L foot to L side as you ¼ pivot R on ball of R foot, cross R foot behind L, ¼ turn L stepping onto L foot, hold for 1 count on '&'
3&4& Step forward on R foot, pivot ½ turn L, (transfer weight to L foot), step R foot to R side as you ¼ pivot L on ball of L foot, hold for 1 count on '&'
5&6& Cross L foot behind R, ¼ turn R stepping onto R foot, step forward on L foot, hold for 1 count on '&'
7&8& Pivot ½ turn R (weight ending up on R foot), step L foot to L side as you ¼ pivot R on ball of R foot, touch R toe next to L foot, hold for 1 count on '&'

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