

# Land of a Thousand Dances

**COPPERKNOB**  
STEPSHEETS

拍數: 120      牆數: 1      級數: Phrased Intermediate - Novelty  
編舞者: Roy Verdonk (NL) & Wil Bos (NL) - March 2014  
音樂: Land of a Thousand Dances - Jessica Mauboy



Sequence: A-B, A-B, A-A-A

**PART - A: 64 counts:**

## **TOE STRUTS X4**

1-2-3-4      Step R toe forward, heel down, step L toe forward, heel down  
5-6-7-8      Step R toe forward, heel down, step L toe forward, heel down

## **HIP BUMP HOLD X4**

1-2-3-4      Step R to R and bump hip R, hold, step L in place and bump hip R, hold  
5-6-7-8      Step R in place and bump hip R, hold, step L in place and bump hip R, hold

## **SWIVEL X3, CLAP, OUT, OUT, HOLD X2**

1-2-3-4      Swivel both heels R, swivel both toes R, swivel both heels R, clap (weight on L)  
5-6-7-8      Step R to R, step L to L, hold, hold

## **TOE STRUTS BACK X2, WALK BACK X3, CLOSE**

1-2-3-4      Step R toe back, heel down, step L toe back, heel down  
5-6-7-8      Step R back, step L back, step R back, step L beside R

## **OUT HOLD X2, HIP BUMP HOLD X2**

1-2-3-4      Step R slightly forward out to R, hold, step L to L, hold  
5-6-7-8      Bump hip to R, bump hip to L, hold, hold

## **HIP BUMP X2, HIP ROLL**

1-2      Bump hip to R, bump hip to R  
3-4-7-8      Hip roll to L counterclockwise 6 counts (weight ends on L)

## **SIDE, TOGETHER, SIDE, TOUCH, SIDE, TOGETHER, SIDE, HOLD**

1-2-3-4      Step R to R, step L beside R, step R to R, touch L beside R  
5-6-7-8      Step L to L, step R beside L, step L to L, hold

## **WALK IN CIRCLE TO LEFT**

1-2-3-4      ¼ turn L and step R forward, hold, ¼ turn L and step L forward, hold  
5-6-7-8      ¼ turn L and step R forward, hold, ¼ turn L and step L forward, hold

**PART - B: 56 counts:**

## **STEP LOCK STEP SCUFF X2**

1-2-3-4      Step R forward, lock step L behind R, step R forward, scuff L beside R  
5-6-7-8      Step L forward, lock step R behind L, step L forward, scuff R beside L

## **STEP HOLD 1/2 TURN HOLD X2**

1-2-3-4      Step R forward, hold, ½ turn L and step L in place  
5-6-7-8      Step R forward, hold, ½ turn L and step L in place

## **SIDE, BEHIND, ¼ TURN, STEP, ½ TURN, ¼ TURN SIDE, BEHIND, SIDE**

1-2-3-4      Step R to R, step L behind R, ¼ turn R and step R forward, step L forward  
5-6-7-8      ½ turn R and step R in place, ¼ turn R and step L to L, step R behind L, step L to L

## **TOE STRUT JAZZ BOX ½ TURN RIGHT**

1-2-3-4 Step R toe across L, heel down,  $\frac{1}{4}$  turn R and step L toe back, heel down  
5-6-7-8 Step R toe to R, heel down,  $\frac{1}{4}$  turn R and step L toe forward, heel down

**STEP HOLD 1/2 TURN HOLD X2**

1-2-3-4 Step R forward, hold,  $\frac{1}{2}$  turn L and step L in place, hold  
5-6-7-8 Step R forward, hold,  $\frac{1}{2}$  turn L and step L in place, hold

**SIDE, BEHIND,  $\frac{1}{4}$  TURN, STEP,  $\frac{1}{2}$  TURN,  $\frac{1}{4}$  TURN SIDE, BEHIND, SIDE**

1-2-3-4 Step R to R, step L behind R,  $\frac{1}{4}$  turn R and step R forward, step L forward  
5-6-7-8  $\frac{1}{2}$  turn R and step R in place,  $\frac{1}{4}$  turn R and step L to L, step R behind L, step L to L

**TOE STRUT JAZZ BOX  $\frac{1}{2}$  TURN RIGHT**

1-2-3-4 Step R toe across L, heel down,  $\frac{1}{4}$  turn R and step L toe back, heel down  
5-6-7-8 Step R toe to R, heel down,  $\frac{1}{4}$  turn R and step L toe forward, heel down

**REPEAT**

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