

Six AM

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4
編舞者: Matt Oakley (UK) - March 2014
音樂: Sober - P!nk

級數: Intermediate (Smooth) WCS



STEP, CROSS, STEP, PRESS, RECOVER, STEP, ½ TURN, ½ TURN STEP BACK, PRESS, RECOVER, LOCK STEP

1&2 Step L to L, step R across L, step L to L
3&4 Press ball of R foot back, recover on L, step R forward
5-6 ½ turn L and step L in place (06:00), ½ turn L and step R back (12:00)
7&8&1 Press ball of L foot back, recover on R, step L forward, lock R behind L, step L forward

STEP, ROCK, RECOVER, STEP BACK, CROSS, STEP BACK, ½ TURN, ¼ TURN, ¼ TURN, SWEEP

2 Step R forward
3&4 Rock L forward, recover on R, step L diagonal L back
5&6 Step R across L, step L back, ½ turn R and step R forward (06:00)
7&8 ¼ turn R and step L to L (09:00), ¼ turn R and step R across L (12:00), sweep L from back to front

CROSS, STEP, TOUCH, ¾ TURN, STEP, HOLD, STEP, STEP, HOLD, STEP, STEP

1-2 Step L across R, step R to R
3&4 Touch L behind R, ¾ turn L on R hitch L knee, step L slightly forward
5&6 Hold, step R beside L, step L forward
7&8 Hold, step R beside L, step L forward

ROCK, RECOVER, STEP BACK, ROCK BACK, RECOVER, STEP, FLICK, ROCK, RECOVER, CROSS, FULL TURN, STEP, CROSS

1&2 Rock R forward, recover on L, step R back
3&4& Rock L back, recover on R, step L forward with foot turned in and knee popped to R, flick R behind L
5&6 Rock R to R, recover on L, step R across L
7 Full turn L on R ball
8& Step L to L, step R across L

REPEAT

Contact: Submitted by Osgur : www.linedanceturkiye.com
