

Guardians

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Advanced Beginner
編舞者: Henry Costa (USA) - March 2014
音樂: Hooked On a Feeling - Blue Swede : (CD: Reservoir Dogs Soundtrack and Pure 70's)



Count in: Dance starts at 50 secs. Into the song.

You can have fun making up your own group intro before dance starts. Have fun and post the video of your group, class, etc. Available on iTunes, Amazon, and Amazon UK

ANGLED RIGHT KICK BALL CHANGE TRAVELING TO RIGHT SIDE, ANGLED RIGHT KICK BALL CHANGE TRAVELING TO RIGHT SIDE, SIDE, RECOVER, BEHIND, SIDE, FRONT

- 1&2 (face to 2:00) Kick right foot forward, step down on ball of right foot to side step down on left (travel to side while doing Kick Ball Change)
3&4 (face to 2:00) Kick right foot forward, step down on ball of right foot, step down on left (travel to side while doing Kick Ball Change)
5-6 step side right (now facing 12:00), recover on left
7&8 Step right behind left, step side left, cross right in front of left (weight on right)

SIDE, RECOVER, SIDE, LEFT ¼ SALOR SHUFFLE, ½ PADDLE TURN WITH HITCH (4 - 1/8 TURN PADDLES TO FINISH ½ TURN)

- 1-2 step side left, recover weight on right
3&4 cross left behind making ¼ turn left, step right, step left next to right
5&6& pivot 1/8 left while touching right toe out, hitch right knee, pivot 1/8 left while touching right toe out, hitch right knee,
7&8 pivot 1/8 left while touching right toe out, hitch right knee, pivot 1/8 left while touching right toe out (weight on left)

FORWARD RIGHT, LEFT CROSS TOUCH BEHIND, FORWARD LEFT, RIGHT CROSS TOUCH BEHIND, RIGHT ROLLING GRAPEVINE WITH CLAP

- 1-2 step forward right, cross touch left behind right
3-4 step forward left, cross touch right behind left
5-6 step ¼ turn to right on right foot, step ½ turn to right on left
7-8 step ¼ turn on right on right foot, touch left next right and clap

FORWARD LEFT, RIGHT CROSS TOUCH BEHIND, FORWARD RIGHT, LEFT CROSS TOUCH BEHIND LEFT ROLLING GRAPEVINE WITH CLAP

- 1-2 step forward left, cross touch right behind left
3-4 step forward right, cross touch left behind right
5-6 step ¼ turn to left on left foot, step ½ turn to left on right
7-8 step ¼ turn on left on left foot, touch right next left and clap

BEGIN AGAIN!

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