

# Not Giving Up

拍數: 128      牆數: 4      級數: Phrased Intermediate  
編舞者: Lorna Mursell (UK) & Roz Chaplin (UK) - March 2014  
音樂: Not Giving Up - The Saturdays



Starts on Vocals: You took my Heart - Seq: A.B.A.B.B.B

## PART A: 64 COUNTS - Walls 1 & 3 Only:

### A1: CROSS POINT, SAILOR ½ CROSS, POINT, TOUCH, COASTER STEP

1-2            Cross right over left, point left to left side  
3&4           Cross left behind right, make ½ turn left stepping right in place, cross left over right  
5-6           Point right to right side, touch right beside left  
7&8           Step back on right, step left beside right, step forward on right (6)

### A2: STEP, LOCK, STEP, LOCK, STEP, MONTEREY ¼ TURN

1-2            Step left forward, lock right behind left  
3&4           Step left forward, lock right behind left, step left forward  
5-6           Touch right toe to right side, make ¼ turn right stepping right back (9)  
7-8           Touch left toe to left side, step left in place

### A3: CROSS BACK, RIGHT CHASSE, HEEL HOOK, HEEL HOOK

1-2            Cross right over left, step back on left  
3&4           Step right to right side, close left beside right, step right to right side  
5-8           Touch left heel forward, bring left heel to right knee, touch left heel forward, bring left heel to right knee.

### A4: FORWARD, TOUCH, SHUFFLE BACK, TOUCH OUT, TOUCH IN TOUCH UNWIND

1-2            Step forward on left, touch right beside left  
3&4           Step back on right, close left beside right, step back on right  
5-6           Touch left toe to left side, touch left beside right  
7-8           Touch left behind right, unwind ½ turn (weight on left) (3)

### A5: SIDE, ROCK, &, SIDE ROCK, BACK SWEEP, BACK SWEEP

1-2&          Rock right to right side, recover onto left, step right beside left  
3-4           Rock left to left side, recover onto right  
5-6           Step back on left, sweep right from front to back  
7-8           Step back on right, sweep left from front to back

### A6: BACK ROCK, KICK-BALL-CHANGE, FORWARD ROCK, BACK, TOUCH

1-2            Rock back on left, recover onto right  
3&4           Kick left foot forward, step left beside right, step right in place  
5-6           Rock forward on left, recover onto right  
7-8           Step back on left, touch right beside left

### A7: SIDE, TOUCH, LEFT CHASSE, DIAGONAL BACK ROCK, STEP, SCUFF

1-2            Step right to right side, touch left beside right  
3&4           Step left to left side, close right beside left, step left to left side  
5-6           Rock back on right behind left, recover onto left  
7-8           Step forward on right, scuff left

### A8: SIDE, TOGETHER, FORWARD MAMBO, PRISSY WALKS

1-2            Step left to left side, close right beside left  
3&4           Rock forward on left, recover onto right, step back on left

5-8 Step forward right, sweep left from back to front, step forward on left, sweep right forward

## **PART B - 64 COUNTS**

### **B1: STEP, KICK, COASTER STEP, SIDE, BEHIND, HEEL BALL, CROSS**

1-2 Step forward on right, kick left forward  
3&4 Step left back, step right beside left, step forward on left  
5-6 Step right to right side, step left behind right  
7&8 Touch right heel forward, step right slightly back, cross left over right

### **B2: SIDE, HOLD, BEHIND, SIDE, CROSS, SIDE, HOLD, BEHIND, SIDE, CROSS**

1-2 Step right to right side, hold  
3&4 Step left behind right, step right to right side, cross left over right  
5-6 Step right to right side, hold  
7&8 Step left behind right, step right to right side, cross left over right

### **B3: SWAY RIGHT, LEFT, CROSS SHUFFLE, HINGE ½ TURN RIGHT, CROSS SHUFFLE**

1-2 Sway hips right, sway hips left  
3&4 Cross right over left, step left to left side, cross right over left  
5-6 Make ¼ turn right stepping back on left, make ¼ turn right stepping right to right side (9)  
7&8 Cross left over right, step right to right side, cross left over right

### **B4: SIDE, DRAG, KICK BALL, CROSS, SIDE, TOGETHER, COASTER STEP**

1-2 Step right to right side, drag left beside right (keeping weight on the right)  
3&4 Kick left forward, step left beside right, step right in place  
5-6 Step left to left side, step right beside left  
7&8 Step back left, step right beside left, step left forward

### **B5: KICK, OUT, OUT, CROSS, ROCK, RIGHT CHASSE, BACK 1/4 FORWARD**

1&2 Kick right foot forward, step right out to right side, step left out to left side  
3-4 Cross right over left, recover on to left  
5&6 Step right to right side, close left beside right, step right to right side  
7-8 Make ¼ turn left stepping back on left, Step forward on right, (6)

### **B6: FORWARD SHUFFLE, STEP, POINT, KICK & POINT, RIGHT SAILOR**

1&2 Step forward on left, step right beside left, step forward left  
3-4 Step forward on right, point left to left side  
5&6 Kick left forward, step left beside right, point right to right side  
7&8 Cross right behind left, step left to left side, step right in place

### **B7: LEFT SAILOR, FORWARD ROCK, RECOVER, COASTER STEP, FORWARD ROCK RECOVER**

1&2 Cross left behind right, step right to right side, step left in place  
3-4 Rock forward on right, recover on to left  
5&6 Step back right, step left beside right, step right forward  
7-8 Rock forward on left, recover on to right

### **B8: SHUFFLE BACK, BACK ROCK, PIVOT ¼ LEFT, WALK RIGHT, LEFT**

1&2 Step back on left, step right beside left, step left in place  
3-4 Rock back on right, recover on to left  
5-6 Step forward on right, pivot ¼ turn left (3)  
7-8 Walk forward right, left

## **Choreographers Note**

**Big Thanks to Stewie for recommending the track**

**Last Update - 19th March 2014**

