

Change

拍數: 56 牆數: 4 級數: Intermediate
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音樂: Change - Churchill



[1-16] Kick, Kick, Turn, Turn, Coaster, Walk, Walk, Sway-pause, Sway-pause, Sway pause, Sway-pause

1-4 Kick R forward, Kick R to side, Step R 1/2 turn to right, Step L 1/2 turn to right (12:00)

5&6 7 8 Step back R, Step L next to R, Step forward R, Walk forward L, R.

9-16 Sway L, Pause, Sway R, Pause, Sway L, Pause, Sway R, Pause.

[17-32] Repeat above 16 steps to L

[33-40] Syncopated weaves, Heel-jacks

1&2&3&4 Step R to side, Step L behind R, Step R to side, Cross L over R, Step R to side, Step L behind R, Step R to side.

5&6&7&8& Step on L, Tap R heel forward, Step on R, Touch L toe next to R, Step on L, Tap R heel forward, Step on R, Touch L toe next to R.

[41-48] Repeat above 8 steps to L

[49-56] Shuffle, Shuffle, Heel-jack, 1/4 pivot

1&2 3&4 Step R forward, Step L next to R, Step R forward, Step L forward, Step R next to L, Step L forward.

5&6& 7 8 Step on R, Tap L heel forward, Step on L, Touch R toe next to L, Step R forward, Turn 1/4 pivot to left.

Begin Again! Enjoy!

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