

# Your Hero

**COPPERKNOB**  
STEPSHEETS

拍數: 62      牆數: 2      級數: Intermediate  
編舞者: Chris Hodgson (UK) - March 2014  
音樂: Hero - Family of the Year



## Intro 8 counts

### [1-8] FORWARD ROCK / TOG-BACK-BACK / BACK ROCK / LOCK STEP

1-2            Step Forward On Right, Rock Weight Back Onto Left  
&3-4        Step Right Next To Left, Step Back On Left, Step Back On Right  
5-6            Step Back On Left, Rock Weight Forward Onto Right  
7&8         Step Forward On Left, Lock Right Behind Left, Step Forward On Left (12)

### [9-16] STEP-1/4 TURN / CROSS-ROCK-SIDE / CROSS ROCK / CROSS-UNWIND 1/2 TURN

1-2            Step Forward On Right, Pivot 1/4 Turn Left (9)  
3&4         Cross Right Over Left, Rock Back Onto Left, Step Right To Right Side  
5-6            Cross Left Over Right, Rock Back Onto Right  
&7-8        Step Left Next To Right, Cross Right Over Left, Unwind 1/2 Turn Left (Weight Ends On Left )  
(3)

### [17-24] LOCK STEP FORWARD / SWEEP-CROSS x 2 / LOCK STEP BACK / CHASSE 1/4 TURN

1&2         Step Forward On Right, Lock Left Behind Right, Step Forward On Right  
3-4         Sweep Left Forward Crossing Over Right, Sweep Right Forward Crossing Over Left  
5&6         Step Back On Left, Lock Right Over Left, Step Back On Left  
7&8         Step Right 1/4 Turn Right, Step Left Next To Right, Step Right To Right Side (6)

### [25-32] CROSS ROCK / TOG-TAP-POINT SIDE / 1/2 MONTEREY TURN-POINT / & CROSS ROCK

1-2            Cross Left Over Right, Rock Weight Back Onto Right  
&3-4        Step Left To Left Side, Tap Right Toe Across Left, Point Right Toe To Right Side  
5-6            1/2 Turn Right Stepping Right Next To Left, Point Left Toe To Left Side (12)  
&7-8        Step Left Next To Right, Cross Right Over Left, Rock Weight Back Onto Left

### [33-40] CHASSE / CROSS ROCK / CHASSE 1/4 TURN / STEP-1/2 TURN

1&2         Step Right To Right Side, Step Left Next To Right, Step Right To Right Side  
3-4         Cross Left Over Right, Rock Weight Back Onto Left  
5&6         Step Left To Left Side, Step Right Next To Left, Step Left 1/4 Turn Left (9)  
7-8         Step Forward On Right, Pivot 1/2 Turn Left (3)

### [41-48] SIDE-ROCK-CROSS x 2 / LONG STEP SIDE-DRAG / TOGETHER-CROSS-1/4 TURN

1&2         Step Right To Right Side, Rock Weight Onto Left, Cross Right Over Left (Travelling Slightly Forward)  
3&4         Step Left To Left Side, Rock Weight Onto Right, Cross Left Over Right (Travelling Slightly Forward)  
5-6         Long Step Right To Right Side, Drag Left Towards Right  
&7-8        Step Left Next To Right, Cross Right Over Left, 1/4 Right Stepping Back On Left (6)

### [49-56] KICK-BALL-CROSS / SIDE ROCK / BEHIND-SIDE-CROSS / KICK-BALL-STEP

1&2         Kick Right To Right Diagonal, Step Ball Of Right Next To Left, Cross Left Over Right  
3-4         Step Right To Right Side, Rock Weight Onto Left

#### \*\*\* RESTART HERE ON WALL 1\*\*\*

5&6         Cross Right Behind Left, Step Left To Left Side, Cross Right Over Left  
7&8         Kick Left Forward, Step Ball Of Left Next To Right, Step Forward On Right

**[57-62] STEP-1/2 TURN-STEP / STEP-1/2 TURN / WALK x 2**

1&2 Step Forward On Left, Pivot 1/2 Turn Right, Step Forward On Left (12)

3-4 Step Forward On Right, Pivot 1/2 Turn Left (6)

5-6 Step Forward On Right, Step Forward On Left .....

**BEGIN AGAIN**

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