Calm After The Storm



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Katrin Gäbler (DE) - March 2014

音樂: Calm After the Storm - The Common Linnetts & Ilse de Lange



Intro Start On Lyrics

[1-9] Side, Cross Rock, Recover, Back Lock Step, Back Rock, Recover, Side Rock, Cross	
1-3	Step Right To Right, Rock Left In Front Of Right, Recover Weight On Right [12.00]
4&5	Step Left Back,(&) Cross Right In Front Of Left, Step Left Back
6-7	Rock Right Back, Recover Weight On Left
8&1	Rock Right To Right,(&) Recover Weight On Left, Cross Right Over Left [12.00]
[10-17] ¼ Right Back, Touch, Kick Ball Point, Drag Over 2 Counts, Cross, ¼ Left Back, Side	
2-3	Step Left ¼ Right Back, Touch Right Next To Left [3.00]
4&5	Kick Right Fwd, (&) Step Right Down, Point Left To Left (Bend Knees)
6-7	Drag Left Next To Right And Straight Your Legs Over 2 Counts [3.00]
8&1	Cross Left Over Right, (&) 1/4 Left Stepping Right Back, Step Left To Left [12.00]
[18-25] Cross, Side, Back Rock, Recover, Side, Back Rock, Recover, Chassé Left	
2-3	Cross Right Over Left, Step Left To Left [12.00]
4&5	Rock Right Behind Left, (&) Recover Weight On Left, Step Right To Right
6-7	Rock Left Behind Right, Recover Weight On Right
8&1	Step Left To Left, (&) Close Right Next To Left, Step Left To Left [12.00]
[26-32&] Cross, ¼ Right Back, ½ Sailor Turn Right With Cross , Side, Touch, Side & Together	
	5, 74 right back, 72 callor runninght with cross, clac, rough, clac a rogether
2-3	Cross Right Over Left, Step Left ¼ Right Back [3.00]
2-3	Cross Right Over Left, Step Left ¼ Right Back [3.00]

Contact: katring66@hotmail.com