

# Impossible Heart

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Mike Hitchen (UK) - March 2014  
音樂: Impossible Heart - Paloma Faith : (Album: A Perfect Contradiction - iTunes)



**Note: There are 2 Restarts - Wall: 2, Wall: 5, Both After 32 counts On Same Wall**

**16 count intro start on vocals, Note 6 0 clock wall only danced once**

## **Step Lock, Step Lock Step Rock Step, 1/4 Chasse Left**

1-2            Step right forward, Lock left behind right.  
3&4           Step right forward, Lock left behind right, Step right forward.  
5-6           Rock left forward, Recover to right.  
7&8           Step left 1/4 turn left, Step right together, Step left to side

## **Cross Right Over Left, 1/4 Turn Right, 1/4 Turn Chasse, Cross Rock, 2 X 1/4 Turns Left.**

1-2            Cross right over left, Turn 1/4 turn right Stepping left back.  
3&4           Step right 1/4 turn right, Step left together, Step right to side.  
5-6           Cross rock left over right, Recover right.  
7&8           Step left 1/4 turn left, Step right 1/4 turn left.

## **Step left back, Sweep Right, Sweep left, Left Sailor Right Sailor.**

1-2            Step left back, Sweep right,  
3-4            Step right back, Sweep left,  
5&6           Step left behind right, Step right to side. Step left to side.  
7&8           Step right behind left, Step left to side, Step right to side.

## **Jazz Box 1/4 Turn Left, Side Rock Cross Shuffle.**

1-2            Cross left over right, Turn 1/4 turn left Stepping right back.  
3-4            Step left to side, Cross right over left.  
5-6            Rock left to side, Recover to right.  
7&8            Cross left over right, Step right to side, Cross left over right. ( Restart here)

## **3/4 Turn Left, Right Shuffle, Rock Step, Shuffle 1/2 Turn.**

1-2            Turn 1/4 turn left stepping right back, Turn 1/2 turn left stepping left forward.  
3&4            Step right forward, Step left together, Step right forward.  
5-6            Rock forward on left, Recover to right.  
7&8            Step left 1/4 turn left, Step right together, Step left 1/4 turn left.

## **Turn Touch, Step Touch, Coaster Step, Walk Walk.**

1-2            Step right forward 1/4 turn left, Touch left beside right.  
3-4            Step left to side, Touch right beside left  
5&6            Step right back, Step left together, Step right forward.  
7-8            walk forward left, Walk forward right.

## **Rock Step, Shuffle 1/2 Turn Left, 3/4 Triple Turn left, Coaster Step.**

1-2            Rock forward on left, Recover to right.  
3&4            Step left 1/4 turn left, Step right together, Step left 1/4 turn left.  
5&6            3/4 Triple turn left on the spot RLR.  
7&8            Step left back, Step right together, Step left forward.

## **2 X Toe Struts, kick and touch, kick and touch**

1-2            Touch right toe forward, Step down on heel.

3-4 Touch left toe forward, Step down on heel.  
5&6 Kick right forward. Step on right, Touch left to side.  
7&8 kick left forward, Step on left, Touch right to side.

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