

# Smack U

拍數: 112      牆數: 2      級數: Phrased Intermediate  
編舞者: JinLan Diong (MY) - January 2014  
音樂: Smack You - Kimberly Cole



Sequence: ABB-ABB-ABB-

(A = 32 count)

**Side, Touch, Side, Touch, Forward, Touch, Pivot ½ turn, Touch**

1234      Step R to right side, touch L next to right, step L to left side, touch R next to left

5678      Step forward on R, touch L next to right, ½ turn left step forward on L, touch R next to left.

**Sway, Hold, Sway, Hold, Forward, Hold, Pivot ½ turn, Drag**

1234      Sway hip to right, hold, and Sway hip to left, hold

5678      Step forward on R, hold, ½ turn left step forward on L, drag

**Walk Around ½ Turn, Step, Hold, Step, Hold**

1234      Walk around ½ turn right R, L, R, L

5678      Step R to right side, hold, step L to left side, hold

(Optional style: Body roll to right, body roll to left)

**Rolling Turn R, Touch, Rolling Turn L, Touch**

1234      Rolling full turn right, touch L next to right

5678      Rolling full turn to left, touch R next to left

(B = 80 count)

**Funky Paddle ½ turn L, Fwd, Touch, Back, Touch**

1234      Stomp R making 1/8 turn left x4 (end with weight on left)

5678      Step forward on R, touch L heel forward, Step back on L, touching back on R

**Back, Heel, Step, Together, Back, Heel, Step, Together, Rock, Recover, Cross, Unwind ½ turn**

&1&2      Step back on R, tag L heel diagonal forward, step L back, step R together

&3&4      Step back on L, tag R heel diagonal forward, step R back, step L together

5678      Step side on R, recover on L, cross R over L, unwind ½ turn left (End weight on left)

**Cross, Point, Cross, Point, Point, Flick, Forward, Pivot ½**

1234      Cross R over left, point L to left side, cross L over right, point R to right side

5678      Point R forward, flick R back as make ¼ turn left, step forward on R, pivot ½ turn left step forward on L

**Ball, Rock, Recover, Ball, Rock, Recover, Walk, Walk, Pivot ½**

&12&34      Step R next to left, rock L out to left, recover on R, step L next to right, rock R out to right, recover on L

5678      Walk forward on R, L, R, pivot ½ turn left (End with weight on L)

(\* B- = dance up 32 count, at end instead of ½ turn do ¼ turn (8) to start A\*)

**Hitch, Cross, Back, Side, Forward, Hitch, Cross, Side**

1234      Hitch R knee up, cross R over left, step back on L, step R next to left

5678      Step forward on L, hitch R ¼ turn left, cross R over left, step L next to right

**Back, Heel, Back, Cross, Back, Heel, Back, Fwd, Pivot ½, Pivot ½**

&1&2      Step back on R, tag L heel diagonal forward, step L back, step R together

&3&4      Step back on L, tag R heel diagonal forward, step R back, step forward on L

5678 Step forward on R, ½ turn left step L forward , step forward on R, ½ turn left step forward on L

**Out, Out, Hold, In, In, Hold, Shoulders Pop, Stomp**

&12&34 Step R out to right, step L out to side, hold, Step in on R, step L next to right, hold

5678 Step R to side as same time shoulder pop R, L, R, touch L next to right (Put weight on right)

**Out, Out, Ball Cross, Unwind ½, Jump Out, Heel Bounce x4**

&1&2 Step out on L, step out on R, step back on L, cross R over left

3&4 Unwind ½ turn left, step out on R, step out on L

5678 Bounce R heel x4 (weight on L)

**Side, Hold, Cross, Hold, Side Bump**

1234 Step R to right side, hold, cross L over right, hold

5678 Touch R to side as bump hip up, down, up, down (end weight on R)

**Side, Hold, Cross, Hold, Stomp, Hold, Hip Roll**

1234 Step L to left side, hold, cross R over left, hold

5678 Step L to left side, hold, hip roll (End with weight on left)

(B- =1 ~ 32 count B )

Dance up 32 count at end instead of ½ turn do ¼ turn (8) to start A\*)

Start Again ...Enjoy!! (^\_^)

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