Always On My Mind

拍數: 48

級數: Beginner

編舞者: Sally Hung (TW) - March 2014

音樂: Shin Yin by Fei Fei Fong

Sequence of dance: Restart on wall 3 after finishing S4 (facing 12:00) Start to dance on vocals after 48 counts

S1. R FWD BOX STEP, L BACKWARD BOX STEP

- 1-3 Step R to R side, step L beside R, step R fwd
- 4-6 Step L to L side, step R beside L, step back on L

S2. SIDE, BEHIND, RECOVER, SIDE, BEHIND, RECOVER

- 1-3 Step R to R side, rock L behind R, recover onto R
- 4-6 Step L to L side, rock R behind L, recover onto L

S3. R BACKWARD BOX STEP, L FWD BOX STEP

- 1-3 Step R to R side, step L beside R, step back on R
- 4-6 Step L to L side, step R beisde L, step L fwd

S4. CROSS, ROCK, RECOVER, CROSS, ROCK, RECOVER

- 1-3 Cross step R over L, rock L to L, recover on R
- 4-6 Cross step L over R, rock R to R, recover on L

S5. CROSS, SIDE, BEHIND, SIDE, DRAGE, TOUCH

- 1-3 Cross R over L, step L to L side, cross R behind L
- 4-6 Step L a big step to L side, drag R towards L, touch R beside L

S6. FULL TURN R, CROSS, RECOVER, ¼ TURN L

- 1-3 ¹/₄ turn R stepping R fwd, ¹/₄ turn R stepping L to L side, ¹/₂ turn R stepping R to R side
- 4-6 Cross L over R with R knee slightly bended, recover onto R, ¼ turn L stepping L fwd

S7. BASIC FWD, BACK BASIC

- 1-3 Step fwd R, step L next to R, step R next to L
- 4-6 Step back L, step R next to L, step L next to R

S8. TURN ¼ L & FWD WALTZ, BACK WALTZ

- 1-3 Turn ¼ L stepping R fwd, step L together, step R together
- 4-6 Step back on L, step R together, step L together

Enjoy this beautiful Chinese song and have fun!

Contact Sally Hung : hung1125@gmail.com





牆數: 2