

Waltzing My Way to You!

COPPER KNOB
BY STEPHENETS

拍數: 48 牆數: 2 級數: Intermediate waltz
編舞者: Sandy Kerrigan (AUS) - March 2014
音樂: This Time - Shirley Bassey : (Album: The Performance - iTunes)



Dance Starts on: ..No more "crying" for help...on count 12..Version 1:00 – [BPM: 114] Track Length 4:05

Back Lock, Step Side, Cross, ¼ Back 3:00

1 2 3 Faces Front R45°-Step Back R, Lock L over R, Step Back on R
4 5 6 Step L to L Side 12:00, Cross R over L, ¼ R-Step Back L 3:00

¼ Step Side, Drag L, ¼ Fwd, ¼ Step Side, Diagonal Step Back L45°

1 2 3 Turn ¼ R-Wide Step R to R, Drag L to R with both knees bent for 2 cnts (compression)
(easy option counts 2 3-Drag L to Meet R)
4 5 6 Turn ¼ L-Step Fwd L, ¼ L Step R to R, Long Step Back on L to face front L45°

Draw R to L, Step Fwd R, Sweeping L Fwd 12:00

1 2 3 Draw R to Meet L (straight leg action-starts from the hip) wt on L
4 5 6 Step Fwd R, Sweeping L-Turning R to 12:00

Left Cross Twinkle, Cross, ¼ R, ½ R Step Fwd 9:00

1 2 3 Cross L over R, Rock R to R Side, Replace to L
4 5 6 Cross R over L, Turn ¼ R-Step Back on L, ½ R Step Fwd R 9:00

Step Turn ½ R, Shoulder Twist, Full Turn L on Ball of R, Step Fwd L, ¼ L to R Side 12:00

1 2 3 Step Fwd L, ½ Turn R on L, Twist Shoulders to R Side (both legs slightly bent)
4 5 6 Press Ball of R Fwd, Spin 360° L on R-Step Fwd on L, ¼ L Step R to R Side 12:00

L Back Rock Step, Step Side, R Back Rock Step, Step Side 12:00

1 2 3 Rock Back L, Replace Fwd to R, Step L to L Side
4 5 6 Rock Back R, Replace Fwd to L, Step R to R Side

Diagonal Back Lock, Diagonal Back Lock L45°

1 2 3 Facing L45° Step Back L, Lock R over L, Step Back L
4 5 6 Step Back R, Lock L over R, Step Back R

Toe Behind, Unwind ½ L, Sweep L, Step Behind, Diagonal Fwd, Step Fwd R45°

1 2 3 Place L Toe Behind R, Unwind ½ Turn L-wt On R, Sweep L Back
4 5 6 Cross L Behind R, Turn ¼ Step R Fwd to Face Back R45°, Step Fwd on L

[48]

Tags: There are 2 tags... end of Wall 2 and Wall 4-Both times facing Front R 45°

Fwd R Coaster Step, Back Lock Step

1 2 3 Step Fwd R, Step L next to R, Step Back on R
4 5 6 Step Back L, Lock R over L, Step Back L

Note: The first wall may feel a little uncomfortable to settle into the rhythm!
Once you get into the dance you will be waltzing...Over The Rainbow...

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