

# Get Down

**COPPER** KNOB  
STEPPERS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Rob McKean (CAN) - March 2014  
音樂: Get Down by Michelle Pagliaro



## Two ¼ Monterey Turns

- 1-4      Touch R to right side, 1/4 pivot right on L and step on R, touch L to left side, step together on L  
5-8      Touch R to right side, 1/4 pivot right on L and step on R, touch L to left side, step together on L

## Strut Forward Twice, Kick Ball Change Twice

- 9-12      Touch R toe forward, step down on R heel, touch L toe forward, step down on L heel  
13&14      Kick R foot forward, step on ball of R, step down on L  
15&16      Kick R foot forward, step on ball of R, step down on L

## Right Train, ½ Pivot, ¼ Pivot

- 17-20      Rock forward on R, recover on L, rock back on R, recover on L  
21-22      Step forward on R, pivot ½ turn left onto L  
23-24      Step forward on R, pivot 1/4 turn left onto L

## Weave Left, Vine Right and Cross

- 25-28      Cross R over L, step side L, cross R behind L, step side L  
29-32      Step side R, cross L behind R, step side R, cross L over R

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