

Get Some More Honey (P)

拍數: 64 牆數: 0 級數: Improver Partner
編舞者: Greg Van Zilen (USA) - March 2014
音樂: Silver Lining - Kacey Musgraves



Step description by Outta Line Country Dance Instruction

Starting Position: Man facing LOD, lady facing RLOD offset with right hands joined palm to palm
Intro: 32 count

(1-8) Forward, touch, back, heel, slow coaster, brush

- 1-4 Step left foot forward; touch right toe next to left foot; step right foot back; touch left heel forward.
5-8 Step left foot back; step right foot next to left; step left foot forward; brush right foot forward.

(9-16) Step, hold, turn ½, hold, step, hold, turn ½, hold

- 1-4 Step right foot forward; hold; turn ½ left weighting left foot; hold.
5-8 Step right foot forward; hold; turn ½ left weighting left foot; hold.

Hands: Release hands on count 1, rejoining on count 7. Option: Snap fingers on hold counts 2;4;6.

(17-24) (1/2 circle) Heel strut, heel strut, walk, walk, walk, brush

- 1 Using hands as an imaginary pole begin a ½ circle clockwise stepping right heel forward.
2-4 Drop right toe; step left heel forward; drop left toe.
5-8 Step right foot forward; step left foot forward; step right foot forward; brush left foot forward.

(25-32) Box (partners pass back to back then front to front)

- 1-4 Step left foot forward; touch right toe next to left foot; step right foot to side; step left foot next to right.
5-8 Step right foot back; touch left toe next to right foot; step left foot to side; step right foot next to left.

Hands: Release right hands on count 1, rejoining on count 8.

Note: Make side steps large enough to be sure to exchange sides with partner.

(33-40) 3 toe struts, (man rocks back, lady step-1/2 turn)

- 1-6 Lady: Touch left toe forward; step down on left heel; touch right toe forward; step down on right heel; touch left toe forward; step down on left heel.
1-6 Man: Touch left toe back; step down on left heel; touch right toe back; step down on right heel; touch left toe back; step down on left heel.
7,8 Man: step right foot back; replace weight onto left foot.
7,8 Lady: Step right foot forward; ½ turn left weighting left foot.

Hands: Raise right hands on count 7 going over ladies head during her turn.

(41-48) Step, turn ¼ OLOD, side, touch, side, together, side, together

- 1-4 Step R foot forward; ¼ turn L weighting L foot; step R foot slightly to side; touch L toe next to R foot.
5-8 Step left foot to side; step right foot next to left; step left foot to side; step right foot next to left.

Hands: Lower right hands to man's waste and join left hands at waste on count 2.

(49-56) Step, turn ½ ILOD, side, touch, side, together, side, together

- 1-4 Step L foot forward; ½ turn R weighting R foot; step L foot slightly to side; touch R toe next to L foot.
5-8 Step right foot to side; step left foot next to right; step right foot to side; step left foot next to right.

Hands: Release hands on count 1; join hands at ladies waste on count 2.

(57-64) Returning to starting position (Lady: Step, hold, ½ turn, hold, step, hold, ¼ turn, hold) (Man: Cross behind, hold, side, hold, step, hold, ¼ turn, hold)

1-4 Lady: Step right foot forward; hold; ½ turn left weighting left foot; hold.

1-4 Man: Cross right foot behind left; hold; step left foot slightly to side; hold.

5-8 Step right foot forward; hold; ¼ turn right touching left toe to side; hold.

Hands: Release hands on count 1; join right palm to palm on count 5.

Note: Man and lady will be passing right shoulders.

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