

The Beat Goes On

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate / Advanced
編舞者: Jo Kinser (UK), John Kinser (UK) & Tajali Hall (CAN) - February 2014
音樂: Michael Jackson (The Beat Goes On) - Cash Cash



Start the dance 32 counts (0.18). BPM: 110

[1-8] SYNCOPATED SWITCHES, POINT- FLICK, STEP LT

1&2& Point Rt to Rt, Step Rt next to Lt, Point Lt to Lt, Step Lt next to Rt
3&4& Point Rt to Rt, Touch Rt next to Lt, Point Rt to Rt, Step Rt next to Lt
5&6& Point Lt to Lt, Step Lt next to Rt, Point Rt to Rt, Step R next to Lt
7&8 Point Lt to Lt, Flick Lt behind Rt, Step Lt to Lt

[9-16] BEHIND SIDE CROSS, SCISSOR CROSS, HINGE 1/2 TURN, SWIVEL TOE-HEEL-TOE

1&2 Step Rt behind Lt, Step Lt to Lt, Step Rt across Lt
3&4 Step Lt to Lt, Step Rt next to Lt, Cross Lt over Rt
5-6 Make 1/4 turn Left stepping Rt back (9:00), Make 1/4 turn left stepping Lt to Lt (6:00)
7&8 Swivel Rt Toe to left, Swivel Rt Heel to left, Swivel Rt Toe to center (Weight Lt)

Restart: Wall 4. Dance the first 16 counts and then Restart, (3:00).

[17-24] COASTER STEP, 1/2 TURN HEEL SWIVELS, COASTER STEP, FORWARD-DRAG

1&2 Step Rt back, Step Lt next to Rt, Step Rt fwd
3&4 Step Lt fwd, Swivel Rt heel towards left making 1/4 turn right (9:00) (weight Rt), Make 1/4
 turn Rt (12:00) Swivelling Lt heel Lt (weight Lt)
5&6 Step Rt back, Step Lt next to Rt, Step Rt fwd
7-8 Step Lt fwd a Large step, Drag Rt towards Lt

[25-32] WIZARDS X2, MAMBO STEP-BACK, POINT-1/4-FLICK

1-2& Step Rt fwd, Lock Lt behind Rt, Step Rt fwd
3-4& Step Lt fwd, Lock Rt behind Lt, Step Lt fwd
5&6& Rock Rt fwd, Recover weight Lt, Step Rt back, Step Lt back
7-8a Touch Rt back, Make 1/4 turn right (3:00) (weight Lt), Flick Rt behind Left. (Omit 'a' count *1st
 time tag).

*1-32 Tag: 1st time, wall 6 (12:00), followed by 10 count break, find a new spot on the floor.

1-32 Tag: 2nd time, wall 10 (12:00), followed by stomping the Rt foot fwd!

Start again!

Restart: Wall 4. Dance the first 16 counts and then Restart, (3:00).

*Tag: 1st time, wall 6. Do a 1/2 turn point instead of 1/4 turn on counts 31-32 and drop the last "a" count of the dance. This will bring you back to (12:00) to do the Tag.

After you dance the tag the 1st time only, there will be about a 10 count break in the music in which Michael Jackson is speaking.

Casually walk to a new spot on the floor (as though you have finished the dance and are leaving), and be in position by count 8 when he says the word "die".

You will begin the dance again immediately after he says the phrase "People should be that WAY" (have your right foot free).

Tag: 2nd time after wall 10. Finish the wall as normal and you'll be facing 12:00 to do the tag. The dance ends right after this so finish the tag and strike a pose! Stomping Rt foot fwd.

TAG: (16 counts repeated, for a total of 32 counts):

[1-8] CLAP-SLAP-CLAP, SWING, CLAP-CLAP, CLAP-SLAP-CLAP, HOLD, CLAP-CLAP

- 1&2 Step feet together and Clap hands together at chest level, Slap both hands palms down on both thighs, Clap hands together at chest level and start extending hands straight up
(still clapped together)
3 Bring hands down in an arc to either side of body while hitching Rt knee
&4 With Rt knee still hitched Clap hands twice underneath Rt knee
5&6 With Rt knee still hitched slap Rt thigh with Rt hand, Clap hands together, Slap Rt thigh with Rt hand while Stomping slightly fwd on Rt foot
7 Hold
&8 Stomp Lt foot in place twice Clapping hands together twice at the same time

[9-16] CLAP-SLAP-SLAP, HOLD, CLAP-CLAP, CLAP-SLAP-SLAP, HOLD, CLAP-CLAP

- 1&2 Clap hands together, slap Rt thigh with Rt hand, slap Rt thigh with Lt hand
(bend low on the slaps to give it a funkier look)
3 Hold
&4 Stomp Lt foot in place twice Clapping hands together twice at the same time
5&6 Clap hands together, Stomp Rt foot slightly fwd while slapping Rt thigh with Rt hand, keep feet in place while Slapping Rt thigh with Lt hand
(bend low on the slaps to give it a funkier look)
7 Hold
&8 Stomp Lt foot in place twice Clapping hands together twice at the same time.

*** REPEAT ABOVE 16 COUNTS.**

HELPFUL NOTE:

- 1&2 Clap-Thighs-Clap
3 Swing arms around above head
&4 Hitch: Clap-clap
5&6 Slap Thigh-Clap-Slap Thigh (and stomp at the same time as you slap with right foot on count 6)
7 Hold
&8 Clap-Clap (stomp the Lt foot twice at the same time as the claps)
- 1&2 Clap-Slap-Slap
3 Hold
&4 Clap-Clap (stomping Lt foot twice at same time as the claps)
5&6 Clap-Slap-Slap
7 Hold
&8 Clap-clap (stomping Lt foot twice at same time as the claps)

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