Friday Night Frenzy

拍數: 32

級數: Intermediate

編舞者: Donna Manning (USA) - February 2014

音樂: Friday Night - Eric Paslay

32 count intro - Don't let the Restarts scare you off try it!

Sec.1 (1-8) Back Triple, ½ Turn Triple, ½ turn, ½ turn, Step, ¼ turn, Cross

1&2.3&4 Step R back, Bring L to R, Step R back, ¼ turn L-L to L side, R next to L, ¼ turn L- step L fwd (6:00)

5.6.7&8 1/2 turn L step R back, 1/2 turn L step L fwd, Step R fwd, 1/4 turn L, Cross R over L (3:00) RESTART HERE on wall 2 (you will be changing walls from front to back- to side to side) **On count 8 just TOUCH you will be facing 9:00 when this happens**

Sec.2 (8.5-16) Side, Touch, Kick, Side, Touch, Kick, ¼ L Touch, & ¼ Touch, & Kick-Ball-Step

L to L side, Touch R next to L, Kick R fwd, R to R side, Touch L next to R, Kick L fwd (3:00) &1,2,&3,4 &5&6& 1/4 turn L-L to L side(12:00), point R toe to side, 1/4 turn R bringing R to center(3:00), Touch L next to R

&7&8 Step L back(3:00), Kick R fwd, bring R back to center, Step L fwd (3:00)

Sec.3 (17-24) Step, ¼ Turn, Cross, ¼, ¼, Weave, Heel-Ball-Cross

1,2,3&4 Step R fwd, ¼ turn L, Cross R over L, ¼ turn R step L back, ¼ turn R step R to side (6:00) RESTART HERE on wall 8 starts facing 3:00 - this section starts facing 6:00 for this wall- for count 4 let the turn from count 3& continue the ¼ for count 4 without putting the R down until you are facing 9:00 for the Restart with the R back triple.

5&6&7&8 Cross L over R, R to R side, L behind R, R to R side, L Heel to diagonal(4:30), Bring L to center, Cross R over L (6:00)

Sec.4 (25-32&) Toe and Heel Switches, Heel Swivels L & R

- 1&2&3&4& L toe to L side, L to center, R heel fwd, R to center, L heel fwd, L to center, R toe to R side, R to center
- 5&6. Step L fwd, swivel L heel out, Heel to center taking weight,
- 7&8 Step R fwd, swivel R heel out, R heel back to center *Keep weight on L* (6:00)

Have fun with this peppy dance!

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牆數:2