

Empty

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: High Improver / Easy Intermediate
編舞者: Yvonne Anderson (SCO) - March 2014
音樂: Empty - Tim Redmond : (Album: Soundtrack of Our Lives - iTunes)



Notes: 8 count intro, start on vocals.

There are two Restarts.

During walls 4 and 8, dance through counts 1-8 (facing 12 o'clock both times) start again.

[1-8] CROSS-BACK-HEEL & CROSS-1/4 LEFT-HEEL, RIGHT-LOCK-STEP, LEFT-LOCK-STEP

1&2 Step R across left, (&) Step L back, Touch R heel forward [12]
&3&4 (&) Step R beside left, Step L across right, (&) Make 1/4 turn left stepping R back, Touch L heel forward [9]
&5&6 (&) Step Left beside right, Step R forward, (&) Lock L behind right, Step R forward [9]
7&8 Step L forward (&) Lock R behind left, Step L forward [9]
***RESTART- during walls 4 & 8, dance through counts 1-8 then restart (facing 12 o'clock both times)

[9-16] CROSS, BACK, SIDE SHUFFLE, FRONT, SIDE, SWIVEL HEELS, TOES, KICK

1-2 Step R across left, Step L back [9]
3&4 Step R to right (&) Step L beside right, Step R to side [9]
5-6 Step L across right (now on slight diagonal), Step R beside left [10.30]
7&8 Swivel both heels to R, Swivel both toes to R (squaring off to wall), Kick L across right [9]

[17-24] 3/4 TURN LEFT, SHUFFLE 1/2 TURN LEFT, CROSS BACK-BACK, CROSS, 1/4 TURN LEFT, STEP

1-2 Make 1/4 turn left stepping L forward, Make 1/2 turn left stepping R back [12]
3&4 Make 1/2 turn left stepping L, R, L [6]
(Easier alternate counts 1-4, step 1/4 left, walk forward, shuffle)
5&6 Step R across left, (&) Step L to left and slightly back, Step R to right and slightly back [6]
7&8 Step L across right, (&) Make 1/4 turn left stepping R slightly back, Step L to left and slightly forward (3)

[25-32] WALK FORWARD R, L, FORWARD SHUFFLE, STEP 1/2 TURN RIGHT, FULL TRIPLE TURN FORWARD

1-2 Walk forward stepping R, L [3]
3&4 Shuffle forward stepping R, L, R [3]
5-6 Step L forward, Make 1/2 turn right taking weight on R [9]
7&8 Make a full turn (travels forward) stepping L, R, L [9]

REPEAT

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