

Team

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Tony Myers (UK) - March 2014
音樂: Team - Lorde



Intro 16 counts after main beat kicks in on main Vocals

Cross Rock, Recover, : & Cross Rock, Recover: Step lock step Back: Step, Touch, Kick

1 2 Rock right over left (1) Recover weight back on left (2)
&34 Step right next left (&) Rock left over right (3) Recover weight back on right turning ¼ left (4)
(9:00)
5&6 Step back on left (5) Lock right over left (&) Step back on left (6)
&78 Step forward on right (&) Touch left next to right (7) Kick left to left diagonal (8)

Sailor ½ Turn: Cross Rock, Recover, Step ¼ Turn: Triple Full Turn Forward: Kick, Out, Out

1&2 Step left behind right (1) Turn ¼ left step right to side (&) Turn ¼ left step forward on left (2)
(3:00)
3&4 Rock right over left (3) Recover on left (&) Turn ¼ right step forward on right (4) (6:00)
5&6 Turn ½ right step back on left (5) Turn ½ right step forward on right (&) Step forward on left
(6) (Or L Shuffle)
7&8 Kick right forward (7) Step out on right (&) Step out on left (8)

Heel, Turn, Point: Behind, Side, Cross: Back, Turn: Cross Shuffle

1&2 Dig right heel forward (1) Turn ¼ right stepping on right (&) Point left to side (2) (9:00)
3&4 Step left behind right (3) Step right to side (&) Cross left over right (4)
5 6 Step back on right (5) Turn ½ left stepping forward on left (6)
7&8 Cross right over left (7) Step left to side (&) Cross right over left (8)

& Cross Rock, Recover: Side Chasse: Pivot ¼ Turn: Mambo Turn

&12 Step slightly back on left (&) Rock right over left (1) Recover weight onto left (2)
3&4 Step right to side (3) Step left with right (&) Step right to side (4)
5 6 Step forward on left (5) Pivot ¼ turn right keep weight on right (6) (6:00)
7&8 Rock forward on left (7) Recover weight on right (&) Turn ½ left stepping forward on left (8)
(12:00)

Cross Samba Step: Cross Samba Step: ¼ Turn Back, Side Step: Coaster Step

1&2 Cross right over left (1) Rock left to side (&) Recover on right (2)
3&4 Cross left over right (3) Rock right to side (&) Recover on left (4)
5 6 Turn ¼ left stepping back on right (5) Step left to side (6) (9:00)
7&8 Step back on right (7) Step left with right (&) Step forward on right (8)

& Point, Hitch: Shuffle Turn: Cross, Back, Turn: Step, Turn, Step

&12 Step left with right (&) Point right to side (1) Hitch right knee (2)
3&4 Turn ¼ right onto right (3) Step left with right (&) Turn ¼ right stepping forward on right (4)
(3:00)
5&6 Cross left over right (5) Step back on right (&) Turn ¼ left stepping forward on left (6) (12:00)
7&8& Step forward on right (7) Pivot ½ turn left (&) Step forward on right (8) Step left with right (&)
(6:00)

Hope you Enjoy

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