

Swing Your Thing

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Ria Vos (NL) - March 2014
音樂: Swing Thing (Radio Edit) - 11 Acorn Lane : (Album: Swing Thing - 2:06 min)



Intro: 16 Counts

Out-Out, In-In, Shuffle Fwd, Step, Pivot ¼ Turn R

1-2 Step R Fwd and to R Side (Out), Step L to L Side (Out)
3-4 Step R Back to Center (In), Step L Next to R (In)
5&6 Shuffle Fwd Stepping R-L-R
7-8 Step Fwd on L, Pivot ¼ Turn R

Cross, Point R, Behind, Point L, Cross, Side, Cross Shuffle

1-2 Cross L Over R, Point R to R Side (Option: Kick R & Swing Both Arms to R Side)
3-4 Step R Behind L, Point L to L Side (Option: Swing Both Arms to L Side)
5-6 Cross L Over R, Step R to R Side
7&8 Cross L Over R, Step R to R Side, Cross L Over R

Side Rock, Behind-Side-Cross, Side Rock, Sailor ¼ Turn L

1-2 Rock R to R Side, Recover on L
3&4 Step R Behind L, Step L to L Side, Cross R Over L
5-6 Rock L to L Side, Recover on R
7&8 Step L Behind R, ¼ Turn L Step R Next to L, Step Fwd on L

Charleston Step, Step, Pivot ¼ Turn L, Step, Pivot ½ Turn L

1-2 Step Fwd on R, Point L Fwd (or Kick L Fwd)
3-4 Step Back on L, Point R Backwards
5-6 Step Fwd on R, Pivot ¼ Turn L (with Hip Roll CCW)
7-8 Step Fwd on R, Pivot ½ Turn L (with Hip Roll CCW)

Contact: dansenbijria@gmail.com