Bang Bang Boom Boom



拍數: 32 牆數: 4 級數: High Improver

編舞者: Michelle Risley (UK) - February 2014 音樂: Bang Bang Boom Boom - Beth Hart



16 Count Intro

Point, Hitch, Step, Sailor Step, Cross Rock, Full Turn Right

1&2 Point Right To Side, Hitch Right Knee Across Left, Step Right To Side

3&4 Step Left Behind Right, Right to Side, Left to Side (Finish Angled To Left Diagonal)

Alternative: 7&8 Side Shuffle Right

Cross Rock, Shuffle 1/4, Mambo, Run Back,

1-2 Cross Rock Left Over Right, Recover Onto Right

3&4 Left Side, Right together, Making ¼ Left step forward on left (9oc)

5&6 Rock Right forward, Recover on left, step back on right

7&8 Run Back Left, Right, Left

Rock Back, Full Turn Forward, & Step 1/2 Pivot, Kick Ball Change

1-2 Rock Back On Right, Recover (Preparing To Turn Left)
3&4 Full Turn Forward Over Left Shoulder, Right, Left, Right

&56 Step Left To Place (&)(*Restart wall 4) Step Forward Right, Turn ½ Left (3oc)

7&8 Right Kick Ball Change Alternative: 3&4 Right Shuffle Forward

Switch, Right, Left, Right, Hitch, Cross, Back, Side, Cross Shuffle

1&2 Point Right To Right Side, Switch And Point Left To Left Side

3&4 Switch And Point Right To Side, Hitch Right Over Left, Step Right Over Left

5-6 Step Back On Left, Step Right To Side

7&8 Cross Left Over Right, Step Right to Side, Cross Left Over Right

Start Again!

Plenty Of Attitude And Smile!

- * Restart On 4th Wall (Facing 6oc) Dance Upto And Including Count 4& Of Section 3 Then Start The Dance again (Facing 6oc Wall)
- **Tag During wall 8 (Start Facing 3oc) After Count 6 Of first Section:
- 1/4 turn Right (6oc) Step forward Left pivot 1/2 to front wall (12oc)
- With the Music: On Piano: Big Step Forward On Left And Drag Right,
- With Music on Vocal: Big Step Back On Right, Drag Left,
- Heavy Beat: With bent knee Stomp Left in place Restart dance from beginning (facing 12oc)

Ending with Music:

Facing 9o/c wall dance upto and including count 6 then Side shuffle ¼ R to the Front (ping) step left to left side (ping) Tap Right toe behind Left and Pose! (Ping)

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^{*} Restart: During 4th Wall, upto & Including count 4& then restart dance (facing 6oc)

