Promise

拍數: 32   牆數: 4   級數: Beginner

編舞者: Roy Hadisubroto (IRE) - March 2014

音樂: Promise (feat. Usher) - Romeo Santos

(BASIC BACHATA,)SIDE, TOGETHER, SIDE, TOUCH, SIDE, TOGETHER, SIDE, TOUCH.

1	Step R right side
2	Step L next to R
3	Step R to right side
4	Touch L to left side, (optional with hip press to the side)
5	Step L to left side
6	Step R next to L
7	Step L to left side
8	Touch R to right side (optional with hip press to the side)

STEP, TOGETHER, STEP, TOGETHER, ROCKSTEP, 1/2 TURN, TOUCH

1	Step R to right side
2	Close L next to R
3	Step L to left side
4	Close R next to L

** RESTART: Wall 2

5	Rock R backwards
6	Recover back on L
7	Turn 1/2 to the left and step R backwards
8	Touch L next to R (optional with hip press to the side)

ROCKSTEP, 1/4 TURN, SIDE, TOUCH, THREE STEP TURN, TOUCH

1	Rock L backwards
2	Recover back on R
3	Turn 1/4 to the right and step L to left side
4	Touch R next to L (optional with hip press to the side)
5	Turn 1/4 to the right and step R forward
6	Turn 1/2 to the right and step L backwards
7	Turn 1/4 to the right and step R to right side
8	Touch L to left side (optional with hip press to the side)

ROCK, RECOVER, SAILOR, STEP, SAILOR, TOUCH

1	Rock L to left side
2	Recover back on R
3	Cross L behind R
4	Step R to right side
5	Step L diagonally forward to the L
6	Cross R behind R
7	Step L to left side
8	Touch L next to R (optional with hip press to the side)

START AGAIN

Note: in the music there's a little hold before starting again.
You will hear the artist say. "Hey Romeo talk to me…"
Do the full dance and then Restart after 12 counts.