Slide By My Side



拍數: 40 牆數: 4 級數: Intermediate

編舞者: Cory Safra & Joey Gencarelli - March 2014

音樂: Ready, Set, Let's Roll - Chase Rice



Intro: 16 counts (After he says the second "Let's Roll")

[1-6] HIP ROII, Cross Rock, Recover, Step, HIP ROII, Cross Rock, Recover, Touch		
1 2	Roll hips to the right with weight on right foot at the end of the second count	
3 & 4	Cross L foot over R foot, recover weight onto R foot, step L foot to the left	
5 6	Roll hips to the left with weight on left foot at the end of the second count	
7 & 8	Cross R foot over L foot, recover weight onto L foot, touch R foot to the right (12:00)	

[9-16] Slide Sweep with 1/4 Turn, Sailor Heel, Step, Slide Sweep with 1/2 Turn, Sailor Heel, Step

12&	Slide R foot to the right and make a ¼ turn sweeping L behind R, step L behind R, step R next to L
3 & 4	Step on L heel, step L foot next to R foot, step forward on R foot (9:00)
56&	Step L forward and sweep R while making $\frac{1}{2}$ turn to the right, step R behind L, step L next to R

Step on R heel, step R foot next to L foot, step forward on L foot (3:00)

Restart on Wall 3

7 & 8

[17-24] Syncopated Rocking Chair, Step, Lock Step, Full Spiral Turn, Heel Hitch, Step

1 & 2 & Step forward on R, recover weight on L, step back on R, Recover weight on L

3 & 4 Step R diagonally forward, lock L behind R, step forward on R (3:00)

Restart on Wall 5

Full turn to the right stepping L foot, R foot (Alternate: cross L over R, step R to side)
Step on L heel, cross hitch bringing the L foot across the R knee, Step forward on L foot (3:00)

[25-32] Heel, Step, Toe Swivel, Toe-Heel-Step, Syncopated Rocking Chair

1 2 Step R heel forward, step down on R foot

3 & 4 Weight on toes as you move both heels to the left, move both heels back, place heels down

Restart on Wall 1

5 & 6 Step on L toe, step on L heel, step on L foot

7 & 8 & Step forward on R, recover weight on L, step back on R, recover weight on L (3:00)

[33-40] Rock, Recover, Rock, Recover with R Flick, Step, Rock, Recover, Rock, Recover with L Flick, Step.

12&	Step R foot to the right, shift weight to L foot, shift weight to R foot
3 4	Shift weight to the L foot while flicking the R foot, Step R foot down
56&	Shift weight to the L foot, shift weight to the R foot, shift weight to the L foot
7 8	Shift weight to the R foot while flicking the L, Step L foot down (3:00)

There are 3 Restarts: Always following the lyrics "Ready, set, let's..."

Wall 1 - Count 28, (3:00) Instead of placing both heels down in place, step right foot to the right side and start the dance over from the beginning

Wall 3 - Count 16 (3:00) After stepping your left foot forward, step your right foot out to the right when restarting the dance at this point

Wall 5, Count 24, (3:00) Instead making a ¼ turn to the right, step right foot to the right side and start the dance over from the beginning

TAG (After wall 4 and before wall 5, facing 12:00)

[1-8] Cross Forward Rock – Recover – Step(X2), Cross Backward Rock – Recover – Step (X2)

1 & 2 Cross R foot over L foot, recover weight onto L foot, step R foot to the right

3 & 4	Cross L foot over R foot, recover weight onto R foot, step L foot to the left
5 & 6	Cross R foot behind L foot, recover weight onto L foot, step R foot to the right
7 & 8	Cross L foot behind R foot, recover weight onto R foot, step L foot to the left

Ending: Wall 7, dance 30 counts, stop facing 3:00

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