

Movin' On!

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Lynn Luccisano (USA) - May 2010
音樂: Giddy On Up - Laura Bell Bundy : (CD: Single)



Start the dance on vocals

R TOE, HEEL STOMP, L TOE, HEEL STOMP, BOUNCE 3X R ¼ TURN, BOUNCE 3X L ½ TURN

1&2 Point right toe to left instep, lower heel, stomp forward
3&4 Point left toe to right instep, lower heel, stomp forward
5&6 Bounce 3 x on heels while turn ¼ right
7&8 Bounce 3 x on heels while turn ½ left

R TOE POINT, CROSS, HIP BUMPS turn ½ left, R SAILOR STEP

1-2 Touch right side, cross right over L
3-4-5-6 Hip right 1/8 turn 4x, (snap fingers at right hip level on each bump) unwinding turn ½ left
7&8 Right sailor step-cross right behind, step left side, step right side

L COASTER STEP, R FORWARD, POINT L, L CROSS, POINT R, R BEHIND L POINT LEFT

1&2 Left coaster step-step left back, step right back, step left forward
3-4 Step right forward, touch left to Left side
5-6 Cross left over right, touch right to right side
7-8 Cross right behind left , touch left to left side

L TOE BEHIND R, TURN ½ L, R TOUCH 2X, SLIDE, L TOUCH 2X, SLIDE, SKATE R, L

1-2 Cross/touch left behind, turn ½ left
3&4 Touch right toe in place 2x, slide right taking weight
5&6 Touch left toe in place 2x, slide left taking weight
7-8 Slide or skate forward on the right, then the left

REPEAT

TAG: At the end of the 3rd wall, facing 3:00

1-2 Step right forward, turn ½ left (weight to left)
3-4 Step right forward, turn ½ left (weight to left)
5&6& Brush right forward, hook right over left, kick right forward, brush right back
7-8 Brush right forward, touch right together

1-2 Skate in place on balls of feet, diagonal right, diagonal left
3-4 Repeat skate diagonal right, diagonal left

Start the dance again

Contact : Lynn Luccisano - cheralike13@aol.com - Phone: 407-719-8744