

All For Love

拍數: 64 牆數: 4 級數: Improver
編舞者: Caroline Cooper (UK) - February 2014
音樂: All For Love by Clare Teal



Intro: 8 Counts (When You Hear Sax)

SECTION ONE: STEP SWEEP, CROSS SWEEP, JAZZ BOX, CROSS

1-2 Step forward right, sweep left forward
3-4 Cross left over right, sweep right forward
5-6 Cross right over left, step back left
7-8 ¼ turn right stepping right to right side, cross left over right

SECTION TWO: SIDE HOLD, & SIDE TOUCH, SIDE HOLD & SIDE TOUCH

1-2 Step right to right side, hold
&3-4 Bring left next to right, step right to right side, touch left next to right
5-6 Step left to left side, hold
&7-8 Bring right next to left, step left to left side, touch right next to left

SECTION THREE: CROSS ROCK, TRIPLE STEP, CROSS ROCK ½ SAILOR LEFT

1-2 Cross rock right over left, recover
3&4 Triple step on the spot RLR changing weight from right, to left back to right
5-6 Cross left over right, recover weight
7&8 ½ turn over left, sweeping left behind right, stepping right to right side & left to left side

SECTION FOUR: STEP KICK, STEP KICK, STEP KICK, & POINT RIGHT TO RIGHT, TOUCH

1-2 Step forward right, kick left forward
3-4 Step forward left, kick right forward
5-6 Step forward right, kick left forward
&7-8 Bring left next to right, point right to right side, & touch right next to left

RESTART HERE DURING WALL 3

SECTION FIVE: CHASSE RIGHT, BACK ROCK, SHUFFLE ½ TURN, COASTER STEP

1&2 Step right to right side, bring left next to right, step right to right side
3-4 Back rock left, recover weight right
5&6 ½ shuffle over right, stepping back left, bring right next to left, stepping back left
7&8 Step back right, bring left next to right, step forward right

SECTION SIX: WALK, WALK, KICK BALL CHANGE, CROSS UNWIND, BACK ROCK

1-2 Walk forward left & right
3&4 Kick left forward, step down on left, step forward right
5-6 Cross left over in front of right, ½ turn unwind
7-8 Back rock right, recover weight left

SECTION SEVEN: 1/4 HEEL GRIND, BACK ROCK, ¼ HEEL GRIND, BACK ROCK

1-2 Stepping right heel forward, ¼ right, stepping back left
3-4 Back rock right, recover weight left
5-6 Stepping right heel forward, ¼ turn right, stepping back left
7-8 Back rock right, recover weight left

SECTION EIGHT: CROSS POINT, CROSS POINT, JAZZ BOX

1-2 Cross right over left, point left to left side
3-4 Cross left over right, point right to right side

5-6 Cross right over left, step back left
7-8 Step right to right side, close left next to right

Contact: coolcoopers@yahoo.com
