Next Plane Home



拍數: 32 牆數: 4 級數: Improver / Easy Intermediate

編舞者: Chris Cleevely (UK) - March 2014

音樂: Next Plane Home - Daniel Powter: (Album: Under The Radar - iTunes)



Start on vocals

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Section I: (I -	· 8) KOCK	Recover:	Chasse	¼ HIITN	R: ROCK	Recover: 1/2 Shui	TIE I

1 - 2	Rock forward R. recover on I	i
1 - 2	Rock folward R. Tecover off	_

3 & 4 Step R to R side, step L beside R, step ½ turn R (3 o'clock)

5 - 6 Rock forward R, recover on L

7 & 8 Shuffle ½ turn L, stepping L/R/L (9 o'clock)

Section 2: (9 – 16) 2 x R Kick Ball Steps; Scuff 1/4 Turn R; L Forward Mambo

1 & 2	Kick R forward, take weight on ball of R, step L forward
3 & 4	Kick R forward, take weight on ball of R, step L forward
5 - 6	Scuff R forward & step ¼ turn R (weight on R) (12 o'clock)

7 & 8 Rock forward L, recover on R, step back on L

** 3 x RESTARTS HERE DURING WALL 2 (3 o'clock), WALL 4 (6 o'clock) & WALL 7 (12 o'clock)

Section 3 (17 - 24) 3 x Runs Back; Rock Back, Recover, Forward R Shuffle, Scuff 1/4 Turn R

1 & 2	Run back R/L/R			
3 - 4	Rock back L, recover weight on R			
5 & 6	Shuffle forwards, stepping L/R/L			

7 - 8 Scuff R forward & step 1/4 turn R (weight on R) (3 o'clock)

Section 4 (25 - 32) Toe Switches L & R & L, Touch R; R Rocking Chair (or 2 x ½ turns L)

1 & 2 Point L to L side, change weight & point R to R side

&3 & 4 Change weight, point L to L side, change weight, touch R toe by L

5 - 6 Rock forward on R, recover weight on L 7 - 8 Rock back on R, recover weight on L (Steps 5 - 8 can be changed to 2 pivot ½ turns L)

Ending: Dance up to Count 22 (shuffle forward), then 1/4 turn L to face 12.00.

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