

Puspa

拍數: 64 牆數: 1 級數: Improver
編舞者: Roosamekto Mamek (INA) - March 2014
音樂: Cinta Putih by Titiek Puspa



Intro: 23 count (on lyric "Bayu...")

VINE RIGHT, ROCK, RECOVER, CROSS SHUFFLE

1-4 Step R to side – Cross L behind R – Step R to side – Cross L over R
5-6 Rock R to side – Recover on L
7&8 Cross R over L – Step L to side – Cross R to side

VINE LEFT, SWAY

1-4 Step L to side – Cross R behind L – Step L to side – Cross R over L
5-8 Step L to side sway hips to left – Sway to right – Sway to left – Sway to right

¾ TURN LEFT, BACK LOCK SHUFFLE, BACK, RECOVER, FORWARD LOCK SHUFFLE

1-2 Turn ¼ left step L forward – Turn ½ left step R back
3&4 Step L back – Locked R over L – Step L back
5-6 Step R back – Recover on L
7&8 Step R forward – Lock L behind R – Step r forward

FORWARD, PIVOT TURN ½ RIGHT 2X, LEFT SIDE MAMBO, RIGHT SIDE MAMBO

1-2 Step L forward – Pivot turn ½ right
3-4 Step L forward – pivot turn ½ right
5&6 Rock L to side – Recover on R – Step L together
7&8 Rock R to side – Recover on L – Step R together

WALK FORWARD L-R, SIDE STEP WITH HIPS SWAY, SWAY, FORWARD, PIVOT TURN ½ RIGHT, SIDE STEP WITH SWAY, SWAY

1-2 Step L forward – Step R forward
3-4 Step L to side sway hips to left – Sway hips to right
5-6 Step L forward – Pivot turn ½ right
7-8 Step L to side sway hips to left – Sway hips to right

WALK FORWARD L-R, FORWARD SHUFFLE, FORWARD, ¼ TURN LEFT, CROSS SHUFFLE

1-2 Step L forward – Step R forward
3&4 Step L forward – Step R together – Step L forward
5-6 Step R forward – Turn ¼ left
7&8 Cross R over L – Step L to side – Cross R over L

QUICK HIPS SWAY, SIDE, CROSS, ¼ TURN LEFT, HITCH WITH ¼ TURN LEFT

1&2 Rock L to side and sway hips to left, - Sway to right – Sway to left
3&4 Sway to right – Sway to left – Sway to right
5-8 Step L to side – Cross R behind L – Turn ¼ left step L forward – Turn ¼ left hitch R knee up

BOX STEP

1-4 Step R to side – Step L together – Step R back – Touch L beside R
5-8 Step L to side – Step R together – Step L forward – Touch R beside L

REPEAT

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