

# Let It Go

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Dom Yates (UK) - February 2014  
音樂: Let It Go - Demi Lovato : (CD: Frozen OST or iTunes)



## 18 Count Intro

### [1-8] : Step Sweep, Diamond ¼ Turn, Side Rock Cross, 1 ¾ Turn

1            Step forward on right, sweeping left from back to front  
2&3        Cross left over right, make 1/8 turn left stepping back on right, step back on left  
4&5        Step back on right, make 1/8 turn left stepping left to side, cross right over left  
6&7        Rock left to side, recover onto right, cross left over right  
&8         Make ¼ turn left stepping back on right, make ½ turn left stepping forward on left  
&            Make ½ turn left stepping back on right

### [9-16] : Step Sweep, Jazz ¼ Turn Sweep, Mambo ½ Turn, Pivot ½ Turn, Forward Rock Run Back

1            Make ½ turn left stepping forward on left, sweeping right from back to front  
2&         Cross right over left, step back on left  
3            Make ¼ turn right stepping forward on right, sweeping left from back to front  
4&5        Rock forward on left, recover onto right, make ½ turn left stepping forward on left  
6&7&      Step forward on right, pivot ½ turn left, rock forward on right, recover onto left  
8&         Run back right, left

### [17-24] : Run Back Sweep, Weave ¼ Turn, Spiral Full Turn, Lunge, Walks Back, Weave ½ Turn, ¾ Turn

1            Run back right, sweeping left from front to back  
2&         Cross left behind right, make ¼ turn right stepping forward on right  
3,4        Step forward on left making full spiral turn right, lunge forward on right

#### \*\*Restart Here Wall 2\*\* See Notes

5,6        Walk back left, right  
7&8        Step back on left, make ½ turn right stepping forward on right, step forward on left  
&            Make ½ turn left stepping back on right

### [25-32] : Nightclub Basic Left & Right, Walks Forward, Pivot ½ Turn, Spiral Full Turn

1,2&      Make ¼ turn left stepping left to side, cross right behind left, step left across right  
3,4&      Step right to side, cross left behind right, step right across left and slightly forward  
5,6        Walk forward left, right  
7&8        Step forward on left, pivot ½ turn right, step forward on left making full spiral turn right

#### \*\*Restart\*\* Wall 2

Dance up to count 19 (spiral full turn), on count 20 instead of lunging, drag the spiral out over a second count, and start the dance again from count 1

#### \*\*Tag\*\* Wall 6

At the end of Wall 6, you will be facing 3 o'clock wall. Add the following 2 count tag then start again

1,2        Walk forward right, left

#### Start Again

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