

United Breaks Guitars (P)

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 0 級數: Intermediate 2Step / Partner - Circle
編舞者: Linda Sansoucy (CAN) - March 2014
音樂: United Breaks Guitars - Dave Carroll : (CD: Single - iTunes)



Position: Right Open Promenade LOD

Intro: 8 counts

MAN'S STEPS

STEP FORWARD, HOLD, ½ TURN, HOLD, COASTER STEP, HOLD

1-2 Step left forward, hold
3-4 Turn ½ left and step right back, hold (RLOD)
5-6 Step left back, step right back
7-8 Step left forward, hold

Left Open Promenade Position

STEP FORWARD, HOLD, ½ TURN, HOLD, COASTER STEP, HOLD

1-2 Step right forward, hold
3-4 Turn ½ right and step left back, hold (LOD)
5-6 Step right back, step left back
7-8 Step right forward, hold

MAN: CROSS FORWARD, HOLD, SIDE, HOLD, SIDE, TOGETHER, SIDE, HOLD

LADY: ¼ TURN LEFT, HOLD, ¼ TURN LEFT, HOLD, CROSS, SIDE, CROSS, HOLD

The lady goes to the man to run a full turn

1-2 Cross left over, hold
3-4 Step right side, hold

The lady goes behind the man . Left hand of the man takes the lady right hand. The lady completes RLOD

5-6 Step left side, step right together
7-8 Step left side, hold

MAN: STEP FORWARD, HOLD, STEP FORWARD, HOLD, STEP FORWARD, STEP FORWARD, STEP FORWARD, HOLD

LADY: STEP BACK, HOLD, STEP BACK, HOLD, STEP BACK, STEP BACK, STEP BACK, HOLD

1-2 Step right forward, hold
3-4 Step left forward, hold
5-6 Step right forward, step left forward
7-8 Step right forward, hold

MAN: ¼ TURN, HOLD, ¼ TURN, HOLD, STEP BACK, STEP BACK, STEP BACK, HOLD

LADY: ¼ TURN, HOLD, ¼ TURN, HOLD, STEP FORWARD, STEP FORWARD, STEP FORWARD, HOLD

1-2 Turn ¼ right and step left forward, hold (OLOD)
3-4 Turn ¼ right and step right forward, hold (RLOD)
5-6 Step left back, step right back
7-8 Step left back, hold

MAN: ¼ TURN, HOLD, ¼ TURN, HOLD, STEP FORWARD, STEP FORWARD, STEP FORWARD, HOLD

LADY: ¼ TURN, HOLD, ¼ TURN, HOLD, STEP BACK, STEP BACK, STEP BACK, HOLD

1-2 Turn ¼ right and step right forward, hold (ILOD)
3-4 Turn ¼ right and step left forward, hold (LOD)
5-6 Step right forward, step left forward
7-8 Step right forward, hold

MAN: CROSS FORWARD, HOLD, SIDE, HOLD, SIDE, TOGETHER, SIDE, HOLD

LADY: ¼ TURN RIGHT, HOLD, ¼ TURN RIGHT, HOLD, ½ TURN LEFT BACK, STEP BACK, STEP BACK, HOLD

Man loose right hand and left hand lady. Arms pass over lady

1-2 Cross left over, hold
3-4 Step right side, hold
5-6 Step left side, step right together
7-8 Step left side, hold

MAN: STEP FORWARD, HOLD, STEP FORWARD, HOLD, STEP FORWARD, STEP FORWARD, STEP FORWARD, HOLD

LADY: ¼ TURN, HOLD, ¼ TURN, HOLD, STEP FORWARD, STEP FORWARD, STEP FORWARD, HOLD

Man loose right hand and left hand lady. The man takes his left hand right hand lady . Arms pass over lady

1-2 Step right forward, hold
3-4 Step left forward, hold
5-6 Step right forward, step left forward
7-8 Step right forward, hold

REPEAT

LADY'S STEPS

STEP FORWARD, HOLD, ½ TURN, HOLD, COASTER STEP, HOLD

1-2 Step right forward, hold (LOD)
3-4 Turn ½ right and step left back, hold (RLOD)
5-6 Step right back, step left back
7-8 Step right forward, hold

Position Left Open Promenade

STEP FORWARD, HOLD, ½ TURN, HOLD, COASTER STEP, HOLD

1-2 Step left forward, hold
3-4 Turn ½ left (weight to right), hold (LOD)
5-6 Step left back, step right back
7-8 Step left forward, hold

MAN: CROSS FORWARD, HOLD, SIDE, HOLD, SIDE, TOGETHER, SIDE, HOLD

LADY: ¼ TURN LEFT, HOLD, ¼ TURN LEFT, HOLD, CROSS, SIDE, CROSS, HOLD

The lady goes to the man to run a full turn

1-2 Turn ¼ left and step right forward, hold (OLOD)
3-4 Turn ¼ left and step left forward, hold (RLOD)

The lady goes behind the man . Left hand of the man takes the lady right hand. The lady completes RLOD

5-6 Cross right over, step left side
7-8 Cross right over, hold

MAN: STEP FORWARD, HOLD, STEP FORWARD, HOLD, STEP FORWARD, STEP FORWARD, STEP FORWARD, HOLD

LADY: STEP BACK, HOLD, STEP BACK, HOLD, STEP BACK, STEP BACK, STEP BACK, HOLD

1-2 Step left back, hold
3-4 Step right back, hold
5-6 Step left back, step right back
7-8 Step left back, hold

MAN: ¼ TURN, HOLD, ¼ TURN, HOLD, STEP BACK, STEP BACK, STEP BACK, HOLD

LADY: ¼ TURN, HOLD, ¼ TURN, HOLD, STEP FORWARD, STEP FORWARD, STEP FORWARD, HOLD

1-2 Turn ¼ right and step right forward, hold (ILOD)
3-4 Turn ¼ right and step left forward, hold (LOD)
5-6 Step right forward, step left forward

7-8 Step right forward, hold

MAN: ¼ TURN, HOLD, ¼ TURN, HOLD, STEP FORWARD, STEP FORWARD, STEP FORWARD, HOLD

LADY: ¼ TURN, HOLD, ¼ TURN, HOLD, STEP BACK, STEP BACK, STEP BACK, HOLD

1-2 Turn ¼ right and step left forward, hold (OLOD)

3-4 Turn ¼ right and step right forward, hold (RLOD)

5-6 Step left back, step right back

7-8 Step left back, hold

MAN: CROSS FORWARD, HOLD, SIDE, HOLD, SIDE, TOGETHER, SIDE, HOLD

LADY: ¼ TURN RIGHT, HOLD, ¼ TURN RIGHT, HOLD, ½ TURN LEFT BACK, STEP BACK, STEP BACK, HOLD

Man loose right hand and left hand lady. Arms pass over lady

1-2 Turn ¼ right and step right forward, hold (ILOD)

3-4 Turn ¼ right and step left forward, hold

5-6 Turn ½ left and step right back, step left back

7-8 Step right back, hold (RLOD)

MAN: STEP FORWARD, HOLD, STEP FORWARD, HOLD, STEP FORWARD, STEP FORWARD, STEP FORWARD, HOLD

LADY: ¼ TURN, HOLD, ¼ TURN, HOLD, STEP FORWARD, STEP FORWARD, STEP FORWARD, HOLD

Man loose right hand and left hand lady. The man left hand right hand takes the female . Arms pass over lady

1-2 Turn ¼ left and step left forward, hold (OLOD)

3-4 Turn ¼ left and step right forward, hold (LOD)

5-6 Step left forward, step right forward

7-8 Step left forward, hold

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