You Belong To Me

拍數: 32

級數: Intermediate

編舞者: Celia Stevens (NZ) - January 2014

音樂: You Belong to Me - Amie Comeaux

Intro 16 counts - This dance is done in all four directions rotating anti-clockwise:

[1 – 8] BACK ROCK, TOG, BACK ROCK, TOG, BACK, ½ FWD, ½ PIVOT:

牆數: 4

- 1, 2 & Step R back, Recover weight L, Step R together
- 3, 4 & Step L back, Recover weight R, Step L together
- 5, 6 Step R back, Turn ½ left step L fwd [6:00]
- 7, 8 Step R forward, Turn ¹/₂ left weight L [12:00]
- Easy options: for counts 5, 6, 7, 8 Walk back, back, rock-recover

Walk back R[5], Walk back L[6], Rock back R [7], Recover weight L[8]

[9 – 16] ¾ L TRIPLE TURN, ROCK FWD, ½ FWD, ¼ PADDLE, CROSS SHUFFLE:

- 1&2 Turn ¼ left step R side, Turn ½ left step L side, Step R forward [3:00]
- 3, 4 Step L forward, Recover weight R
- & 5, 6 Turn ¹/₂ left step L forward, Step R forward, Turn ¹/₄ left weight L [6:00]
- 7&8 Step R over, Step L side, Step R over

Easy options: for counts 1&2 - Forward-tog-1/4 forward

Step R[1] forward, Step L[&] together, Turn ¼ right step R[2] forward

Easy options: for counts & 5,6 - Together, back rock 1/4

Step L[&] together, Step R[5] back, Turn 1/4 right step L[6] side

[17 – 24] SCISSOR STEP, ¼-¼-CROSS, SCISSOR STEP, ¼ BACK, ½ FWD:

- 1&2 Step L side, Step R together, Step L over
- 3&4 Turn ¼ left step R back, Turn ¼ left step L side, Step R over [12:00]
- 5&6 Step L side, Step R together, Step L over
- 7, 8 Turn ¼ left step R back, Turn ½ left step L forward [3:00]

[25 – 32] FWD ROCK, BACK-LOCK-BACK, BACK-LOCK-BACK, REVERSE ½ PIVOT:

- 1, 2 Step R forward, Recover weight L
- 3&4 Step R back, Step L over, Step R back
- 5&6 Step L back, Step R over, Step L back
- 7, 8 Step R back, Turn 1/2 right weight L [9:00]
- Easy option: for counts 5&6, 7, 8 1/2 shuffle fwd, fwd rock-recover
- Turn ¼ left step L[5] side, Step R[&] together, Turn ¼ left step L[6] forward,

Step R[7] forward, Recover weight L[8]

[32] Repeat & Enjoy!

Please note I have added easy options for those who find it upsets there balance with vertigo & yet would still very much love to dance, this dance to this music. Enjoy!

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Last Update - 5th March 2014



