

Sexual Religion

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Mike Dey (USA) & Leonard Gardner - February 2014
音樂: Sexual Religion - Rod Stewart : (Album: Time - May 2013)



RIGHT CROSS TOUCH, LEFT CROSS TOUCH, RIGHT CROSS TOUCH, LEFT CROSS TOUCH

1-2 Right foot cross Left, Left touch out to Left
3-4 Left foot cross Right, Right touch out to Right
5-6 Right foot cross Left, Left touch out to Left
7-8 Left foot cross Right, Right touch out to Right

VINE TO RIGHT, CHASSE TO RIGHT, ROCK RETURN

1-2-3-4 Right side right, left behind, right side, left in front of right, (Vine)
5&6 Chasse to the Right-Left-Right (Shuffle side-together-side)
7-8 Rock Left behind Right, return weight to Right

VINE TO LEFT, CHASSE TO LEFT, ROCK RETURN

1-2-3-4 Left-side Left, Right behind, Left side, Right in front of Left, (Vine)
5&6 Chasse Left-Right Left (Shuffle side-together-side)
7-8 Rock Right behind Left, return weight to Left

360 WALK-AROUND, RIGHT SAILOR, LEFT COASTER STEP

1-2-3-4 360 Degree-Walk- Around R-L-R-L
5&6 Right Behind-Left Side, Right Side (Right Sailor Step)
7&8 Left Back, Right Forward, Left Forward (Left Coaster Step)

RIGHT JAZZ STEP TO A COASTER STEP, LEFT JAZZ STEP TO A COASTER STEP

1-2, 3&4 Cross Right in front of Left, Step Back on Left, Right Back Coaster Step (R-L-R)
5-6, 7&8 Cross Left in front of Right, Step Back on Right, Left Back Coaster Step (L-R-L)

RIGHT ½ MONTEREY, RIGHT ¼ MONTEREY

1-2 Touch Right, Swing ½ backwards to Right (Clockwise), Step Right (Weight)
3-4 Touch left to side, Step Left beside Right.
5-6 Touch Right, Swing Right ¼ backwards to Right (Clockwise), Step Right(Weight)
7-8 Touch left to side, Step Left beside Right.

RIGHT ½ MONTEREY, RIGHT ¼ MONTEREY

1-2 Touch Right, Swing ½ backwards to Right (Clockwise), Step Right (Weight)
3-4 Touch left to side, Step Left beside Right.
5-6 Touch Right, Swing Right ¼ backwards to Right (Clockwise), Step Right(Weight)
7-8 Touch left to side, Step Left beside Right.

RIGHT SAILOR, LEFT SAILOR, RIGHT SAILOR, LEFT SAILOR (TRAVELING BACKWARDS)

1&2 Right behind Left, side Left, side Right (Sailor)
3&4 Left behind Right, side Right, side Left (Sailor)
5&6 Right behind Left, side Left, side Right (Sailor)
7&8 Left behind Right, side Right, side Left (Sailor)

Repeat

Contact: greywolf_28@yahoo.com

