

The Little Things

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Jo Thompson Szymanski (USA) - February 2014
音樂: The Little Things - Carlos Bertonatti



[1-8] 360° RUNNING "PADDLE TURN", LEFT SYNCOPATED JAZZ BOX WITH 1/4 TURN RIGHT

Note: During counts 1-4, complete a smooth, gradual 360° circle to the right.

It is similar to a regular paddle turn but has a circular running rather than staying on the same spot as it turns.

1& Step R forward turning 1/8 right; Step ball of L forward turning 1/8 right
2& Step R forward turning 1/8 right; Step ball of L forward turning 1/8 right
3& Step R forward turning 1/8 right; Step ball of L forward turning 1/8 right
4 Step R forward turning 1/4 right (face 12:00)
5-6 Step L across R; Step R back
&7-8 Step L to left; Step R across L; Turn 1/4 right step L back (face 3:00)

[9-16] TWO SAILOR STEPS (RIGHT AND LEFT), SIDE TAPS or "TRIPLETS"

1&2 Step R behind L; Step L to left; Step R slightly forward
3&4 Step L behind R; Step R to right; Step L slightly forward

Note: The two sailor steps should travel forward slightly.

&5&6 Step R together; Tap ball of L to left; Step L together; Tap ball of R to right
&7&8 Step R together; Tap ball of L to left; Step L together; Tap ball of R to right

Harder variation for counts 13-16: Do 4 "Triplets" - &a5, &a6, &a7, &a8

&a5 Step R together; Rock ball of L to left; Step R in place
&a6 Step L together; Rock ball of R to right; Step L in place
&a7 Step R together; Rock ball of L to left; Step R in place
&a8 Step L together; Rock ball of R to right; Step L in place

*Restart happens here during the 9th repetition of the dance. You are facing the 12:00 wall when the 9th repetition begins.

Also, song ends here – dance through count 16 then add one more Side Tap L on &17 and for the ending pose.

[17-24] KICK & SIDE ROCK, RECOVER, CROSSING TRIPLE, 4 STEPS TURNING LEFT IN A SQUARE

1&2& Kick R forward; Step R across L; Rock L to left; Recover on R
3&4 Step L across R; Step ball of R to right (slightly back); Step L across R
5-6 Turn 1/4 left step R back; Step L to left (toward 9:00) turning 1/4 left (face 9:00)
7 Step R to right (toward 12:00) turning 1/4 left (face 6:00)
8 Step L to left (toward 3:00) turning 1/4 left (face 3:00)

Styling: Counts 20-24, keep knees soft using a smooth, sliding action of the feet, toe first rolling down to heel.

[25-32] FORWARD TRIPLE, ROCK RECOVER/SWEEP, BACK, BACK, COASTER STEP

1&2 Step R forward; Step L together (in 5th position behind R heel); Step R forward
3-4 Rock L forward; Recover back on R allowing L to sweep out to left
5-6 Step L back sweeping R out; Step R back sweeping L out
7&8 Step L back; Step R together; Step L forward

START AGAIN.

This dance was premiered at the 2014 Ft. Wayne Dance For All during its fundraiser workshop and is dedicated to 14 year-old Leukemia patient, Daisie Hilborn, from Montgomery, Texas. She is the granddaughter of well-loved couple's dancer Bob Wheatley from Willis, Texas. On June 13, 2013, Daisie was diagnosed and treated for AML Leukemia. She went into remission and was able to go home in October, 2013. However, after just a few months, Daisie's heart function rapidly decreased. She returned to Texas Children's Hospital to discover the chemo had damaged her heart. She had open heart surgery to install a pump and will possibly still need a heart transplant. Daisie and her family are very thankful for your prayers

and support as her medical journey continues. Follow Daisie's journey on facebook at "Praying for Daisie Hilborn".
