

Young Blood

COPPER KNOB
BY STEPHEN METELNICK

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - January 2014
音樂: Young Blood - Sophie Ellis-Bextor



Start after 16 count intro – 52bpm – 4mins 28secs

[1-8] R fwd, L fwd rock/recover, ¼ L, ½ L ½ L, R cross step, L side, R back rock/recover, R side rock/recover, R back rock/recover

1-2&3 Step R forward, rock L forward, recover weight on R, turning ¼ left step L side (9 o'clock)
&4& Turning ½ left step R side, turning ½ left step L side, cross step R over L (9 o'clock)
5 Step L side
6& Rock R back, recover weight on L
7&8& Rock R side, recover weight on L, rock R back, recover weight on L

[9-16] R side & L drag, L & R back, ¼ L & L side rock/recover, L & R fwd, L fwd rock/recover, ¼ L & L side, R cross step, L coaster

1-2& Step R side (big step) and drag L together, step L back, step R back
3& Turning ¼ left rock L side, recover weight on R (6 o'clock)
4& Step L forward, step R forward
5-6& Rock L forward, recover weight on R, turning ¼ left step L side (3 o'clock)
7&8& Cross step R over L, step L back, step R together, step L forward

RESTART WALL 2 & WALL 4 (facing back wall, facing front wall)

ENDING: WALL 9 starting facing front wall dance first 16 counts, step R forward, pivot ¼ L to front wall and hold

[17-24] R fwd, L fwd, ½ R pivot turn, L fwd, L full turn step R fwd, L fwd rock/recover, L back/together/cross, R side, L back rock/recover

1-2&3 Step R forward, step L forward, pivot ½ right, step L forward (extended 5th) (9 o'clock)
&4& Turning ½ left step R back, turning ½ left step L forward, step R forward (9 o'clock)
5& Rock L forward, recover weight on R
6& Step L back, step R together,
7&8& Cross step L over R, step R side, rock L back, recover weight on R

[25-32] L nightclub basic, R side full turn, L cross step, R side, L back rock/recover, ¼ L & L fwd, turning ¼ left step R/L fwd

1-2& Step L side, rock R back, recover weight on L,
3&4 Turning ¼ right step R forward, turning ½ right step L back, turning ¼ right step R side (9 o'clock)
& Cross step L over R
5-6& Step R side, rock L back, recover weight on R
7-8& Turning ¼ left step L forward (6 o'clock), turning ¼ left step R forward, step L forward (3 o'clock)

Contact: Tel: 01462 735778 - Website: www.thedancefactoryuk.co.uk - Email: info@thedancefactoryuk.co.uk