

Mona Lisa

COPPERKNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver ECS
編舞者: Nicola Lafferty (UK) - February 2014
音樂: The Mona Lisa - Brad Paisley : (Album: Wheelhouse)



Intro: 24 Count Intro

[1-8] Side Triple, Back Rock Recover, Fwd Rock, Sweep, Sailor Step

1&2 Step RF to R side, Close LF to RF, Step RF to R side
3,4 Rock LF back, recover weight to RF
5,6 Rock Fwd onto LF, recover onto RF as you sweep LF from front to back
7&8 Cross LF behind RF, Step RF to R side, Step LF in place

[9-16] Weave, Cross Rock, Recover, Side Triple with ¼ Turn

1,2 Cross RF over LF, Step LF to L side
3,4 Cross RF behind LF, Step LF to L side
5,6 Cross Rock RF over LF, recover weight to LF
7&8 Step RF to R side, Close LF to RF, make ¼ turn R stepping RF fwd (face 3.00)

[17-24] 2 x Cross Points, 4 Walks making ¾ circle to Left

1,2 Cross LF over RF, Point R toe to R side
3,4 Cross RF over LF, Point L toe to L side
5,6,7,8 Making ¾ turn over your L shoulder, Walk L, R, L, R (face 6.00)

[25-32] Fwd Rock, Recover, Coaster Step, 2 x Kick Ballchanges making ¼ turn L

1,2 Rock LF fwd, recover weight to RF
3&4 Step LF back, Close RF to LF, Step LF fwd
5&6 Kick RF fwd, close RF to LF, Step LF in place
7&8 Making ¼ turn L, Kick RF fwd, close RF to LF, Step LF in place (face 3.00)

Begin again

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