

Live For The Applause

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: So Young Park (KOR) - February 2014
音樂: Applause - Lady Gaga



Vine step, Cross to R, Shuffle, Back Rock & recover

1-4 step RF to R side, cross behind with LF, step RF to R side, cross step LF over RF
5&6 step Rf to R side, close LF to RF, step RF to R side
7-8 cross back rock with LF, recover weigh on RF

Vine step, Cross to L, Shuffle, Back Rock & recover

1-4 step LF to L side, cross behind with RF, step LF to L side, cross step RF over LF
5&6 step LF to L side, close RF to LF, step LF to L side
7-8 cross back rock with RF, recover weigh on LF

Diagonal Step FW & Back , 3/8 Turn to R, Side Step, Touch, Side step to L, Touch

1-2 step RF diagonally forward, touch LF together (1:30)
3-4 step LF diagonally back, touch RF together
5-6 With turning 3/8 to R, step RF side, touch LF together (3:00)
7-8 step LF side, touch RF together

Kick ball changes x 2, Jazz box 1/4 turn to R

1&2 kick RF forward, step ball of RF next to LF, step LF in place
3&4 kick RF forward, step ball of RF next to LF, step LF in place
5-6 cross RF over LF, step LF back
7-8 step RF forward turning 1/4 to R, step LF together (facing 6:00)

1/4 Monterey Turn to R x2

1-2 point RF to R side, 1/4 turn to R stepping RF together
3-4 point LF to L side, step LF together
5-6 point RF to R side, 1/4 turn to R stepping RF together
7-8 point LF to L side, step LF together (facing 12:00)

Turning Box Steps with claps

1-2& step RF to R side, touch LF together with clap twice
3-4& step LF to L side turning 1/4 to L, touch RF together with clap twice (9:00)
5-6& step RF to R side turing 1/4 to L, touch LF together with clap twice (6:00)
7-8 step LF to L side turning 1/4 to L, touch RF together with clap once (3:00)

Tag : after 3rd wall, repeat 33C~48C (sec. 5 & sec. 6) and start again

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Last Update - 21 Dec. 2024 - R1